



AT A GLANCE

31st ANNUAL
Virginia Geriatrics Society Conference

OCT. 30 - NOV. 1, 2020
Hilton Richmond Hotel / Short Pump

FRIDAY, OCTOBER 30

6:30 AM Registration Opens

7:00 – 7:30 AM Breakfast with Exhibitors
Exhibitor Bingo Begins

7:30 – 8:30 AM Best Practices in Contemporary Joint Replacement
Greg Golladay MD, Virginia Commonwealth University Health System, Orthopedics

8:30 – 9:30 AM Cooling Off Overheated Immune Systems in Older patients: Rheumatology Update
Stamatina Danielides, MD, Virginia Commonwealth University Health System, Rheumatology

9:30 – 10:00 AM Break with Exhibitors

10:00 – 11:00 AM Medicare Hospice, Palliative Care and POST: Old and New
Rachel Selby-Penczak, MD, Virginia Commonwealth University Health System, Geriatrics & Mathew Kestenbaum, MD, Capitol Caring

11:00 AM – Noon COVID 19, Home Health and Nursing Home Care
Peter Boling, MD & Christian Bergman MD, Virginia Commonwealth University Health System, Geriatrics

Noon – 1:00 PM Lunch with Exhibitors

1:00 – 2:00 PM Occupational Therapy - Who Can Name That Tool?
Robert Fix, OTR, PhD, Virginia Commonwealth University Health System

2:00 – 3:00 PM Bad Back? Managing Spinal Osteoporosis
Mack Hendrix, MD, Virginia Commonwealth University Health System, McGuire VA, VAMC

3:00 – 3:30 PM Break

3:30 – 4:30 PM Beating the Blues: Drugs for Depression in 2020
Ericka Crouse, Pharm D, BCPP, BCGP, Associate Professor, Virginia Commonwealth University School of Pharmacy

4:30 – 5:30 PM Sleep, Chocolate, and Fuzzy Slippers
Sherri Simons, RN

5:30 – 6:30 PM Networking Reception

6:30 – 8:30 PM Membership Dinner
Pre-registration required

SATURDAY, OCTOBER 31

6:30 AM Registration Opens

7:00 – 7:30 AM Breakfast with Exhibitors

7:30 – 8:30 AM Dementia? Who Should Have Neuropsychiatric Testing and Why?
Carol Manning, PhD, Harrison Distinguished Teaching Professor of Neurology at University of Virginia, Vice Chair for Faculty Development, Director Memory Disorders Clinic (virtual)

8:30 – 9:30 AM Out of the Box Techniques in Dementia Care
Catherine Tompkins, MSW, PhD, Emily Ihara, PhD, MSW, FGSA George Mason University, Megumi Inoue, PHD, MSW, RN

9:30 – 10:00 AM Break with Exhibitors

10:00 – 11:00 AM What Can We Do To Prevent Dementia?
John Morley, MD, St. Louis University

11:00 AM – Noon Making Choices: Managing Medical Conditions in Patients With Dementia
Justin Mutter, MD, University of Virginia

Noon – 1:00 PM Lunch & Final Break with Exhibitors

1:00 – 2:00 PM Worrisome Wounds and Wound Care Wizardry
Ashley Shoultz, MSN, CWON, FNP-C, Virginia Commonwealth University Health System

2:00 – 3:00 PM Silent Epidemic: Chronic Liver Disease in Frail Older Patients
Zach Henry, MD & Katherine Coffey-Vega, MD, University of Virginia

3:00 – 3:15 PM Break

3:15 – 4:15 PM Plenary Panel: Fountain of Youth? Healthy Aging Panel Discussion
Peter Boling, MD (moderator), Virginia Commonwealth University Health System, John Morley, MD, St. Louis University & Paul Aravitch, MD, Eastern Virginia Medical School

4:15 – 5:15 PM The Pain Coach: REMS Educational Program on Pain in Older Adults
The France Foundation, Speakers TBD

***CME certification for presentation is from the France Foundation: This educational activity is certified for 1.0 AMA PRA Category 1 Credit™, ANCC Nursing credit with Rx, AAPA, Dental and Social Work credit*

SPECIAL EVENT

The Universe Between Our Ears presented by Paul F. Aravich, Ph.D, Professor of Pathology/Anatomy, Geriatrics and PM&R Eastern Virginia Medical School, Norfolk, VA

SUNDAY, NOVEMBER 1

7:00 AM Registration Opens

7:00 – 7:30 AM Breakfast

7:30 – 8:30 AM Chronic Pain: Going Beyond the Order for "PT Evaluate and Treat"
Beverly Roberts-Atwater, MD, Eastern Virginia Medical School

8:30 – 9:30 AM Advanced Diabetes Management
Kristin Zimmerman, PharmD, Virginia Commonwealth University Health System

9:30 – 10:00 AM Break

10:00 – 11:00 AM THC and CBD: Review of Evidence for Clinical Efficacy and Safety
Megan Lemay, MD, Virginia Commonwealth University Health System
***This session is not for CE credit.*

11:00 – 12:00 PM Priming the Pump: CHF Best Practices in 2020
Anit Mankad, MD, Virginia Commonwealth University Health System, McGuire VA



This program is endorsed and co-sponsored by the Virginia Geriatric Education Center (VGEC) and the Virginia Center on Aging (VCoA) at VCU.

This program is jointly provided by Postgraduate Institute for Medicine and the Virginia Geriatrics Society.

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and the Virginia Geriatrics Society.

Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. **This activity has been approved for AMA, ANCC, ACPE, AAPA credits. An application for AAFP credit has been submitted.**