



AT A GLANCE

31st ANNUAL
Virginia Geriatrics Society Conference

APRIL 24-26, 2020
Hilton Richmond Hotel / Short Pump

FRIDAY, APRIL 24TH

6:30 AM Registration Opens

7:00 – 7:30 AM Breakfast with Exhibitors
Exhibitor Bingo Begins

7:30 – 8:30 AM Best Practices in Contemporary Joint Replacement
Greg Golladay MD, Virginia Commonwealth University Health System, Orthopedics

8:30 – 9:30 AM Priming the Pump: CHF Best Practices in 2020
Anit Mankad, MD, Virginia Commonwealth University Health System, McGuire VA

9:30 – 10:00 AM Break with Exhibitors

10:00 – 11:00 AM Medicare Hospice, Palliative Care and POST: Old and New
Rachel Selby-Penczak, MD, Virginia Commonwealth University Health System, Geriatrics & Mike Kestenbaum, MD, Capitol Caring

11:00 AM – Noon What You Need to Know About Major 2020 Changes in Medicare Home Health and Nursing Home Care
Peter Boling, MD & Christian Bergman MD, Virginia Commonwealth University Health System, Geriatrics

Noon – 1:00 PM Lunch with Exhibitors

1:00 – 2:00 PM Occupational Therapy - Who Can Name That Tool?
Robert Fix, OTR, PhD, Virginia Commonwealth University Health System

2:00 – 3:00 PM Sleep Well? Who Doesn't Have Sleep Apnea and When Does It Matter Most To Find Out
Dan Cohen, MD, Eastern Virginia Medical School

3:00 – 3:30 PM Break

3:30 – 4:30 PM Beating the Blues: Drugs for Depression in 2020
Ericka Crouse, Pharm D, BCPP, BCGP, Associate Professor, Virginia Commonwealth University School of Pharmacy

4:30 – 5:30 PM Sleep, Chocolate, and Fuzzy Slippers
Sherri Simons, RN

5:30 – 6:30 PM Networking Reception
Poster presentations

6:30 – 8:30 PM Membership Dinner
Pre-registration required

SATURDAY, APRIL 25th

6:30 AM Registration Opens

7:00 – 7:30 AM Breakfast with Exhibitors

7:30 – 8:30 AM Dementia? Who Should Have Neuropsychiatric Testing and Why?
Carol Manning, PhD, Harrison Distinguished Teaching Professor of Neurology at University of Virginia, Vice Chair for Faculty Development, Director Memory Disorders Clinic

8:30 – 9:30 AM Out of the Box Techniques in Dementia Care
Catherine Tompkins, MSW, PhD & Emily Ihara, PhD, MSW, FGSA George Mason University

9:30 – 10:00 AM Break with Exhibitors

10:00 – 11:00 AM What Can We Do To Prevent Dementia?
John Morley, MD, St. Louis University

11:00 AM – Noon Making Choices: Managing Medical Conditions in Patients With Dementia
Justin Mutter, MD, University of Virginia

Noon – 1:00 PM Lunch & Final Break with Exhibitors

1:00 – 2:00 PM Worrisome Wounds and Wound Care Wizardry
Ashley Shultz, MSN, NP, Virginia Commonwealth University Health System

2:00 – 3:00 PM Silent Epidemic: Chronic Liver Disease in Frail Older Patients
Zach Henry, MD & Katherine Coffey-Vega, MD, University of Virginia

3:00 – 3:15 PM Break

3:15 – 4:15 PM Plenary Panel: Fountain of Youth? Healthy Aging Panel Discussion
Peter Boling, MD (moderator), Virginia Commonwealth University Health System, John Morley, MD, St. Louis University & Paul Aravitch, MD, Eastern Virginia Medical School

4:15 – 5:15 PM Hemp For All? Using CBD Oil and THC as a Pain Remedy
Megan Lemay, MD, Virginia Commonwealth University Health System

SUNDAY, APRIL 26TH

7:00 AM Registration Opens

7:00 – 7:30 AM Breakfast

7:30 – 8:30 AM Chronic Pain: Going Beyond the Order for "PT Evaluate and Treat"
Beverly Roberts-Atwater, MD, Eastern Virginia Medical School

8:30 – 9:30 AM Advanced Diabetes Management
Kristin Zimmerman, PharmD, Virginia Commonwealth University Health System

9:30 – 10:00 AM Break

10:00 – 11:00 AM Bad Back? Managing Spinal Osteoporosis
Mack Hendrick, MD, Virginia Commonwealth University Health System, McGuire VA, VAMC

11:00 – 12:00 PM Cooling Off Overheated Immune Systems in Older Patients: Rheumatology Update
Stamatina Danielides, MD, Virginia Commonwealth University Health System, Rheumatology

This program is endorsed and co-sponsored by the Virginia Geriatric Education Center (VGEC) and the Virginia Center on Aging (VCoA) at VCU. Jointly provided by Postgraduate Institute for Medicine and the Virginia Geriatrics Society.

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and the Virginia Geriatrics Society. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.