



# AT A GLANCE

**31<sup>st</sup> ANNUAL**  
Virginia Geriatrics Society Conference

**APRIL 24-26, 2020**  
Hilton Richmond Hotel / Short Pump

## FRIDAY, APRIL 24TH

**6:30 AM** Registration Opens

**7:00 – 7:30 AM** Breakfast with Exhibitors  
Exhibitor Bingo Begins

**7:30 – 8:30 AM** Best Practices in Contemporary Joint Replacement  
*Greg Golladay MD, Virginia Commonwealth University Health System, Orthopedics*

**8:30 – 9:30 AM** Priming the Pump: CHF Best Practices in 2020  
*Anit Mankad, MD, Virginia Commonwealth University Health System, McGuire VA*

**9:30 – 10:00 AM** Break with Exhibitors

**10:00 – 11:00 AM** Medicare Hospice, Palliative Care and POST: Old and New  
*Rachel Selby-Penczak, MD, Virginia Commonwealth University Health System, Geriatrics & Mike Kestenbaum, MD, Capitol Caring*

**11:00 AM – Noon** What You Need to Know About Major 2020 Changes in Medicare Home Health and Nursing Home Care  
*Peter Boling, MD & Christian Bergman MD, Virginia Commonwealth University Health System, Geriatrics*

**Noon – 1:00 PM** Lunch with Exhibitors

**1:00 – 2:00 PM** Occupational Therapy - Who Can Name That Tool?  
*Robert Fix, OTR, PhD, Virginia Commonwealth University Health System*

**2:00 – 3:00 PM** Sleep Well? Who Doesn't Have Sleep Apnea and When Does It Matter Most To Find Out  
*Dan Cohen, MD, Eastern Virginia Medical School*

**3:00 – 3:30 PM** Break

**3:30 – 4:30 PM** Beating the Blues: Drugs for Depression in 2020  
*Ericka Crouse, Pharm D, BCPP, BCGP, Associate Professor, Virginia Commonwealth University School of Pharmacy*

**4:30 – 5:30 PM** Sleep, Chocolate, and Fuzzy Slippers  
*Sherri Simons, RN*

**5:30 – 6:30 PM** Networking Reception  
Poster presentations

**6:30 – 8:30 PM** Membership Dinner  
*Pre-registration required*

## SATURDAY, APRIL 25th

**6:30 AM** Registration Opens

**7:00 – 7:30 AM** Breakfast with Exhibitors

**7:30 – 8:30 AM** Dementia? Who Should Have Neuropsychiatric Testing and Why?  
*Carol Manning, PhD, Harrison Distinguished Teaching Professor of Neurology at University of Virginia, Vice Chair for Faculty Development, Director Memory Disorders Clinic*

**8:30 – 9:30 AM** Out of the Box Techniques in Dementia Care  
*Catherine Tompkins, MSW, PhD & Emily Ihara, PhD, MSW, FGSA George Mason University*

**9:30 – 10:00 AM** Break with Exhibitors

**10:00 – 11:00 AM** What Can We Do To Prevent Dementia?  
*John Morley, MD, St. Louis University*

**11:00 AM – Noon** Making Choices: Managing Medical Conditions in Patients With Dementia  
*Justin Mutter, MD, University of Virginia*

**Noon – 1:00 PM** Lunch & Final Break with Exhibitors

**1:00 – 2:00 PM** Worrisome Wounds and Wound Care Wizardry  
*Ashley Shultz, MSN, NP, Virginia Commonwealth University Health System*

**2:00 – 3:00 PM** Silent Epidemic: Chronic Liver Disease in Frail Older Patients  
*Zach Henry, MD & Katherine Coffey-Vega, MD, University of Virginia*

**3:00 – 3:15 PM** Break

**3:15 – 4:15 PM** Plenary Panel: Fountain of Youth? Healthy Aging Panel Discussion  
*Peter Boling, MD (moderator), Virginia Commonwealth University Health System, John Morley, MD, St. Louis University & Paul Aravitch, MD, Eastern Virginia Medical School*

**4:15 – 5:15 PM** Hemp For All? Using CBD Oil and THC as a Pain Remedy  
*Megan Lemay, MD, Virginia Commonwealth University Health System*

## SUNDAY, APRIL 26TH

**7:00 AM** Registration Opens

**7:00 – 7:30 AM** Breakfast

**7:30 – 8:30 AM** Chronic Pain: Going Beyond the Order for "PT Evaluate and Treat"  
*Beverly Roberts-Atwater, MD, Eastern Virginia Medical School*

**8:30 – 9:30 AM** Advanced Diabetes Management  
*Kristin Zimmerman, PharmD, Virginia Commonwealth University Health System*

**9:30 – 10:00 AM** Break

**10:00 – 11:00 AM** Bad Back? Managing Spinal Osteoporosis  
*Mack Hendrick, MD, Virginia Commonwealth University Health System, McGuire VA, VAMC*

**11:00 – 12:00 PM** Cooling Off Overheated Immune Systems in Older Patients: Rheumatology Update  
*Stamatina Danielides, MD, Virginia Commonwealth University Health System, Rheumatology*

*This program is endorsed and co-sponsored by the Virginia Geriatric Education Center (VGEC) and the Virginia Center on Aging (VCoA) at VCU. Jointly provided by Postgraduate Institute for Medicine and the Virginia Geriatrics Society.*

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and the Virginia Geriatrics Society. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.