



THE VIRGINIA GERIATRICS SOCIETY PRESENTS

30th Annual Conference

Winds of Change: Geriatric Care in 2019
April 26-28, 2019



Jointly provided by Postgraduate Institute for Medicine & Virginia Geriatrics Society.

This program is endorsed by the Virginia Center on Aging (VCoA), Virginia Geriatric Education Center (VGEC), Hunter Holmes McGuire VA Medical Center, and the VCU Partnership in Geriatric Education.



Postgraduate Institute
for Medicine

This program was made possible in part by Geriatric Training and Education (GTE) funds appropriated by the General Assembly of Virginia and administered by the Virginia Center on Aging at Virginia Commonwealth University.

Planning Committee

Chair

Peter Boling, MD

Committee Members

Edward Ansello, PhD
Christian Bergman, MD

Stacey Dean, PharmD
Kathy Fletcher, RN

Michael Godschalk, MD
Rachel Selby-Penczak, MD

Course Description

This program has been designed to meet the educational needs of Physicians, Nurse Practitioners, Registered Nurses, Physician Assistants, and Pharmacists in the fields of geriatrics, family medicine and primary care and involved in the care of older patients.

Topics will include the latest information on diagnosis, management, treatment and health policy for common problems in the aging population. The 30th annual meeting of the Virginia Geriatrics Society will provide information designed for front-line care providers, including insight from experience and review of recent research which will help participants to improve their care of older adults.

Learning Objectives

As a result of attending this activity, the participant will be able to:

- Discuss current management issues for individuals with dementia, including assessment, recognition of concurrent depression, recognition of more treatable forms of dementia
- Discuss cases that reflect pharmacologic management of patients at high risk of atherosclerotic thrombosis including stroke and heart attacks in older adults
- Optimize treatment of heart failure, including both systolic and diastolic function, how to use the both standard therapies and the newest drugs in the market, and how to identify patients with "senile cardiac amyloidosis
- Describe how to use non-opioid drugs for treatment of chronic pain including the emerging use of CBD oil and hemp products
- List 3 changes in practice he/she will make as a result of attending this conference.
- Select appropriate forms of treatment for depression in the elderly including patients with dementia
- Determine which drugs to use for platelet inhibition in patients with atherosclerotic disease, in primary and secondary prevention
- Select better drugs for treating challenging cases of diabetes in older patients

Virginia Geriatrics Society

VGS is an affiliate of the American Geriatrics Society. Membership in VGS provides priority access to all educational opportunities, free continuing education units (CEs and CMEs) at dinner meetings, discounted registration fee for the annual Virginia Geriatrics Conference, networking with Geriatrics and Gerontology professionals and opportunity to impact Geriatrics at the state and national levels. Cost of membership is just \$50 annually.

Virginia Commonwealth University

Virginia Commonwealth University is an equal opportunity/affirmative action institution providing access to education and employment without regard to age, race, color, national origin, gender, religion, sexual orientation, veteran's status, political affiliation or disability. Individuals with special needs (mobility, access, etc.) should contact Christine Heubusch at (434) 977-3716 ext. 23 or christine.heubusch@easterassociates.com.

Support Acknowledgement

Funding for this program is provided by the Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS), under Grant No. UB4HP19210 to Virginia Geriatric Education Center.

The Virginia Geriatrics Society

is committed to advancing health care for the elderly through:

Promoting high standards of health care

for the elderly and to advance the quality of episodic and long term institutional and non-institutional care in the Commonwealth of Virginia.



Assisting in the education

of medical students and physicians and other health care personnel in issues of particular concern regarding the elderly.



Fostering professional and public awareness

concerning issues in geriatric medicine.



Encouraging and promoting research

in the broad field of geriatrics and gerontology.



Serving as a forum

for discussion of issues pertaining to geriatric medicine by concerned physicians and health professionals.



Acting as a resource

to professional and lay organizations, government agencies, and community programs in the areas of care of the elderly.



Fostering the above objectives in cooperation with the American Geriatrics Society

and to coordinate activities with other professional societies and interested groups regarding issues in geriatrics.

Join us Friday for our Annual Dinner!

Registration is just \$10.00. See registration form for details.

Educational Credit



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Virginia Geriatric Society. Postgraduate Institute for Medicine is jointly accredited by the American Council on Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Medical Education

AMA PRA Category 1 credit is pending the approval of the Postgraduate Institute for Medicine.

Pharmacist Continuing Education

Accreditation Council for Pharmacy Education CEUs are pending. UANs will be made available before the conference.

Nursing Continuing Education

Accreditation for Continuing Nursing Education is pending.

Family Physician Medical Education

American Academy of Family Physicians credit is pending.

Disclosure Of Conflicts Of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.



RICHMOND

As the capital of Virginia, Richmond invites the world to come explore her beauty, history and culture. Richmond abounds with opportunities for fun, recreation and relaxation.

Hilton Richmond Hotel (Short Pump)

The Hilton Richmond Hotel & Spa will welcome our guests with charming Southern comforts and hospitality. Accommodations at the hotel will be available at reduced rates starting at \$155 per night. The room block will be available until 5 PM on Thursday, April 4, 2019 or until the rooms sell out, whichever comes first.

Reservations may be made by calling the Hilton directly at 1-804-364-3600 or online. (Please mention you are with the Virginia Geriatrics Conference.)

Friends & Fun

From shopping at the nearby Short Pump Town Center to dining in the historic Shockoe Slip district to visiting one of the many world-class museums in the area, there's something

for everyone in Richmond. Learn more about things to do by visiting visitrichmondva.com.

Please plan to attend the Friday afternoon cocktail reception, immediately following the lectures. Saturday evening allows plenty of time to experience all the beauty, culture, history and atmosphere of Richmond.

Friday Reception

Join us Friday at 5:30 p.m. after the last general session to help kick-off the conference. Light hors d'oeuvres will be served during this one-hour reception.

This is the perfect opportunity to meet with the vendors whose support helps make the conference possible and network with attendees and speakers who work in the field of geriatric care.

Exhibitor Bingo

Don't forget to visit each exhibitor booth while you're at the conference and complete your exhibitor BINGO card. All completed cards will be entered in a drawing to win prizes at the meeting! Take advantage of scheduled times with exhibitors during breakfast and/or breaks Friday through Saturday.

Faculty

VGS faculty is carefully chosen by the planning committee for their experience and expertise in a range of fields that impact geriatric care. Each presenter brings a unique skill set and training background to create a well-rounded series of lectures designed for a multidisciplinary group of attendees providing a full spectrum of care.

Bob Adler, MD

Christian Barrett, MD

Peter Boling, MD

Ken Brummel-Smith, MD

Anita Clayton, MD

Patricia Fulco, PharmD

Soundarya Gowda, MD

Mayer Grob, MD

Sarah Hobgood, MD

Carol Hurst, PhD, MSW, LCSW

Jennifer Inker, MS, MBA, PhD, LALFA

Denise Lowe, PharmD

Robert Palmer, MD

Lauren Pamulapati, PharmD

Seema Patel, MD

Shriti Patel, MD

Krishnasree Rao, MD

Chris Rembold, MD

Sangeeta Sastry, MD

Samantha Schaller, PharmD

Jon Snider, MD

David Spiegel, MD

Kristin Williams, MD

Frank Zieve, MD

Agenda

Friday, April 26

6:30 AM	Registration Opens
6:30 - 7:30 AM	Breakfast with Exhibitors & Exhibitor Bingo Begins
7:30 - 8:30 AM	Yet Another UTI? / Sangeeta Sastry, MD Objectives: 1) Review circumstances in which additional diagnostic tests for causes of recurrent urinary infections should be undertaken; 2) Discuss use of preventive antibiotics to suppress recurrent urinary infections; 3) Summarize evidence related to use of preventive therapies like cranberry products. Case-based discussion by an infectious disease consultant of strategies in recurrent UTIs, including when and how to 1) define criteria for diagnosing a UTI; 2) when and how to look for stones, masses and other foreign bodies as causes; 3) use of prophylactic antibiotics – when, as well as which drugs are appropriate; 4) understand evidence related to use of cranberry products.
8:30 - 9:30 AM	Advanced Diabetes Management Using Newer Options / Lauren Pamulapati, PharmD Objectives: 1) Review guidelines for care of Type II diabetes in the elderly, taking into account the results of Advance and Accord clinical trials; 2) List groups of patients for whom tighter control is warranted; 3) In older patients where tighter control is warranted, review approaches to use of newer agents to achieve better control; 4) Briefly review use of new glucose monitoring devices. Case-based discussion led by a clinical pharmacist on the use of contemporary diabetes drug agents: drug classes of interest including DPP4 inhibitors like sitagliptin (Januvia) or linagliptin (Tradjenta); SGLT2 inhibitors like canagliflozin (Invokana) or dapagliflozin (Farxiga); GLP-1 receptor agonists like exenatide (Byetta), liraglutide (Victoza), dulaglutide (Trulicity); and various insulins such as insulin detemir (Levemir) and insulin glargine (Basaglar, Lantus). Further, do the “Freestyle” meters work, and when should they be used?
9:30 - 10:00 AM	Break with Exhibitors
10:00 - 11:00 AM	Arteritis: Is This Headache Benign or a Potential Killer? / Seema Patel, MD Objectives: 1) Describe the clinical features and diagnostic assessment of cranial arteritis, including temporal arteritis and how these symptoms are distinct from other headaches; 2) Review recommended treatment when suspecting cranial arteritis. Presentation will be made by a rheumatologist who is an expert in arteritis. Primary care clinicians often question if headaches reported by older patients are in fact migraines, TMG, or may reflect more serious conditions, such as temporal arteritis. In this situation, what is the best approach to diagnosis and management?
11:00 AM - Noon	To Treat or Not to Treat: Prostate Cancer 2019 / Mayer Grob, MD Objectives: 1) Review current status of recommendations on prostate cancer screening; 2) Outline innovations in treatment that offer improved outcomes with less morbidity; 3) Summarize the long-term results of definitive treatment in early stage disease; 4) Describe circumstances under which the strategy recommended would be watchful waiting rather than active treatment Discussion by a urologist specialized in prostate cancer on newer treatment modalities and how watchful waiting works when there is a diagnosis of cancer that lacks aggressive characteristics. Further, who should be screened with PSA testing, and when should we biopsy?
Noon - 1:00 PM	Lunch with Exhibitors
1:00 - 2:00 PM	Finding a Time & Place for Addressing Intimacy in the Care of Older Patients / Anita Clayton, MD Objectives: 1) Review facts about sex practices and preferences of older patients; 2) Discuss strategies to include sex as a topic in patient care; 3) Describe interventions that may improve sexual function and satisfaction in older patients. This presentation will provide primary care providers with an update regarding a topic that is often lost in the rush of other issues that fill the time when patients and providers meet. Sex is often not discussed, though sexual function is impacted by conditions and treatments (drugs) and is often an important concern that patients are uncomfortable raising for discussion. Medical treatment choices can impact sexual function, going beyond the common issue of male erectile dysfunction.
2:00 - 3:00 PM	Getting People Vaccinated, Don't be a Vector or a Victim / Denise Lowe, PharmD Objectives: 1) Describe the efficacy of commonly-employed older adult vaccines (e.g. flu, pneumonia, shingles); 2) Outline preferred schedules for vaccination when multiple vaccines are given; 3) Review the true side effects and special considerations needed when advising patients. This talk by a clinical pharmacist will address general subjects in the process of a vaccines update. These topics will include: vaccines against zoster and a comparison of two on the market (i.e. Shingrix and Zostavax), with discussion of their efficacy, cost, side effects, coverage, and discussion of if you should you take the vaccine if you have had shingles; the two pneumococcal products (original and Prevnar) and the duration of their effect and recommendations for timing and sequencing; the influenza vaccine and if a high-dose vaccine is better, does it cost more or have more side effects and who should get it), timing during the year, and what the difference is between the nasal form vs. shot, and why would it not be recommended in elderly?
3:00 - 3:30 PM	Break
3:30 - 5:30 PM	Clinical Decisions, Antiplatelet Therapy: Which Drugs, and for How Long? / Christian Barrett, MD & Chris Rembold, MD Objectives: 1) Review the main therapeutic antiplatelet therapy options in current practice; 2) Describe the tests now available to evaluate effectiveness of anti-platelet therapy; 3) Summarize key findings from the literature and recommendations regarding clinical effectiveness of anti-platelet therapy Wide-ranging clinical discussion by expert hematologist and cardiologist about use of antiplatelet therapy in primary and secondary prevention, starting with basic aspirin at various doses, including its use for primary prevention in light of the large ASPREE trial; tests of platelet inhibition (PYP12 and aspirin aggregation); and practical recommendations for when to look to other newer antiplatelet drugs such as clopidogrel, ticagrelor, prasugrel abciximab, eptifibatide, and tirofiban.
5:30 - 6:30 PM	Networking Reception & Poster Presentations
6:30 - 8:30 PM	Membership Dinner (preregistration required)

Agenda

Saturday, April 27

6:30 AM	Registration Opens
6:30 - 7:30 AM	Breakfast with Exhibitors
7:30 - 8:30 AM	Of Horses & Zebras: Recognizing Reversible Cases of Dementia / Kristin Williams, MD & Sarah Hobgood, MD Objectives: 1) Describe several causes of dementia for which there are potentially curative treatments; 2) Review how to clinically distinguish the uncommon potentially reversible cases of dementia from the more common conditions. Discussion by geriatrician and dementia-specialized neurologist regarding relatively rare but important reversible causes of dementia, when one should recognize this among the more common cases of irreversible dementia, and how to evaluate accordingly.
8:30 - 9:30 AM	Clinician's Dilemma: Depression, Dementia, Both? What to Do? / Shriti Patel, MD & David Spiegel, MD Objectives: 1) Review best practices with regard to detecting the presence of depression in older patients; 2) Describe approaches to distinguishing the affective flattening seen in dementia from depression; 3) Outline how and when to consider electroconvulsive therapy in older patients; 4) Summarize best options for pharmacologic therapy in geriatric depression. Two speakers from psychiatry will take a practical clinical approach to the topic of depression in the elderly, talking about how to distinguish affective flattening in dementia from depression and related management, considering ECT for geriatric depression when appropriate, and options for drug therapy of geriatric depression.
9:30 - 10:00 AM	Break with Exhibitors
10:00 - 11:00 AM	Stiff, Weak and Slow: Is It Parkinson's or Something Else? / Jon Snider, MD Objectives: 1) Describe clinical conditions that are on the "Parkinson's disorder spectrum" but are not Parkinson's disease, features and prognosis, including development of dementia; 2) Outline how to distinguish Parkinson's disease from other similar conditions; 3) Review how treatment approaches may differ in these situations Session in which movement disorder neurologist will explore Parkinson's spectrum disorders and other conundrums, involving shaking, stiffness, weakness, and trouble with walking and movement control that are not primary Parkinson's (vascular Parkinsonism, progressive supranuclear palsy, Bickerstaff syndrome, corticobasal degeneration) and may not respond to Parkinson's meds. Discussion will address where Lewy Body dementia and Parkinson's-related dementia fit in, as well as the role of new therapeutic options such as pimavenserin for management.
11:00 AM - Noon	Strange Neurologic Spells: How to Make Sense of Them / Soundarya Gowda, MD Objectives: 1) Describe clinical features of non-convulsive epilepsy and how to evaluate for this condition; 2) Outline what distinguishes TIAs from other kinds of temporary neurologic syndromes Session will address the problem of poorly-understood episodes of altered mentation and behavior that may represent transient ischemia (TIA), seizure disorders, generalized and atypical, with specific focus non-convulsive seizures (temporal lobe epilepsy); episodes that manifest as behavioral disturbances when there is often difficulty making a definitive diagnosis; and how to diagnose and how to treat such as with drugs, like valproic acid, topiramate, lamotrigine, levetiracetam, lacosamide.
Noon - 1:00 PM	Lunch & Final Break with Exhibitors
1:00 - 2:00 PM	What to Do About Agitated Behaviors in Dementia / Peter Boling, MD & Robert Palmer, MD Objectives: 1) Review current recommendations for management of agitated behaviors in patients with dementia; 2) Summarize the evidence of benefit and harm coming from use of antipsychotic medication for this problem Two senior geriatricians will engage in a debate regarding the pros and cons of using drug therapy to control agitated behaviors in patients with dementia; in the process, they will review the current guidelines and the scientific foundations related to development and use of those guidelines and will take a practical approach to an issue that is a common and difficult one in geriatric care.
2:00 - 3:00 PM	A Case-Based Approach to HIV in the Geriatric Population / Patricia Fulco, PharmD Objectives 1) Describe the prevalence of HIV infection in the geriatric population; 2) Review prognosis of HIV disease with current therapy; 3) Summarize how treatment of HIV disease, drug interactions, and other factors may impact care of primary care patients, along with the role of clinical pharmacists This presentation by a clinical pharmacist who has specialized in HIV disease for many years will address in practical terms how primary care providers may be impacted by HIV-infected patients, and how they can best contribute to their care.
3:00 - 3:15 PM	Break
3:15 - 5:15 PM	THC, CBD Oil & Non-Opioid Approaches to Managing Chronic Pain/ Ken Brummel-Smith, MD & Samantha Schaller, PharmD Objectives: 1) Review the evidence related to use of THC products including CBD oil for chronic pain; 2) Discuss medicolegal aspects of advising patients regarding use of THC products; 3) Summarize issues related to quality and consistency of CBD products The speaker is an experienced geriatrician who has been studying use of cannabis products in medical care for several years. He will discuss a range of topics including efficacy and risks of these agents, the variable quality of products on the market and how medical practitioners should handle requests from patients who are interested in using these products. He will work with a pharmacist who is specialized in opioid mitigation and who will address the evidence for effectiveness of non-opioid drug therapy in chronic pain. 4) Describe the relevant pharmacology and best practices when prescribing non-opioid medications for chronic pain. The first speaker is an experienced geriatrician who has been studying use of cannabis products in medical care for several years. He will discuss a range of topics including efficacy and risks of these agents, the variable quality of products on the market and how medical practitioners should handle requests from patients who are interested in using these products. He will work with a clinical pharmacy specialist who coordinates an opioid risk mitigation clinic and who will address the pharmacology and the evidence for effectiveness of non-opioid drug therapy in chronic pain. Additionally, they will answer questions about clinical conundrums that face primary care providers.

Agenda

Sunday, April 28

7:00 AM	Registration Opens
7:00 - 7:30 AM	Breakfast
7:30 - 8:30 AM	Target Lipids: How Low Should We Go and for Whom? / Frank Zieve, MD Objectives: 1) Review the evidence supporting primary prevention of atherosclerotic events in older age; 2) Summarize the findings of clinical trials for secondary prevention of atherosclerotic events in older age; 3) Describe the evidence of side effects from the statin medication group; 4) Discuss subsets of older patients for whom continued use of statins in advanced older age may not be worthwhile. This session will cover which patients of advanced age and/or poor health really should take medications to lower cholesterol, as well as which people might not benefit from treatment, despite guidelines for acute stroke and acute coronary syndrome. It will also review situations where we are quick to start drugs regardless of age and health status and ask the question of whether everyone with a risk factor should stay on statins for life; further, if we stop statin use, when should we stop? Are there reasonable alternatives to statins? How common are the frequently-reported muscle pains, are these true statin ADRs, and are there others to consider (cognitive decline, hepatic dysfunction)? Finally, who should consider a PCSK9 drug (Praluent, Repatha) if we can find a way to pay for it?
8:30 - 9:30 AM	Better Bones? The Latest on Vitamin D & Other Drugs / Bob Adler, MD Objectives: 1) Review latest data on benefits of Vitamin D supplements for various different groups; 2) Summarize recent data on use of medicines to enhance bone health; 3) Outline optimal strategies for bone health management among the older-old. The speaker will guide primary care providers who are seeking to enhance patients' bone health with discussion of controversies related to use of Vitamin D. The session will cover pertinent data and decision-making related to effectiveness of meds for osteoporosis other than oral bisphosphonates, drugs including injected bisphosphonates and PTH analogues, such as denosumab, abaloparatide, teriparatide, zoledronic acid.
9:30 - 10:00 AM	Break
10:00 - 11:00 AM	Ageist Bias: How Common Is It Among Professionals & Patients / Jennifer Inker, MS, MBA, PhD, LALFA & Carol Hurst, PhD, MSW, LCSW Objectives: 1) Give examples of how expectations about aging may influence patient decision-making; 2) Identify ways in which health care professionals may unwittingly bring bias into the patient care process. This presentation by an experienced gerontologist and a social worker will use videotape triggers to develop a conversation with the audience about some of the inherent biases that many of us may carry, even those interested in geriatric care and our aging patients.
11:00 AM - Noon	Priming the Pump: Management of Heart Failure in Older Patients / Krishnasree Rao, MD Objectives: 1) Outline preferred tactics in contemporary management of systolic and diastolic phase heart failure; 2) Describe the newly defined problem of cardiac amyloidosis; 3) Discuss use of recently-introduced new modalities such as neprilysin inhibitors and indwelling pulmonary artery pressure monitors. This session will cover an overview of geriatric heart failure physiologic basics; differentiate between systolic and diastolic CHF; and review newer concepts of heart failure etiology, including senile amyloidosis and diastolic failure and what we have learned from 3T cardiac MRI studies. It will also summarize CHF treatment options and what strategies and drugs work best for systolic CHF and Diastolic CHF (including neprilysin inhibitors), while touching on the role of new technologic CHF interventions (such as indwelling pulmonary artery pressure monitoring devices) and the factor of age when it comes to heart transplant eligibility.



Eco-Friendly Conference Details

Access to presenter slides will be made available through an online attendee portal to save paper and make for a less bulky registration pack. These presentations will be available for you to print prior to the conference, if received by the faculty presenter. We encourage you to bring your laptop or other portable device to the sessions in order to access the learning materials, as needed during the conference, without the need for paper copies.

Printed binders can be purchased for an extra fee with registration but will not be available for purchase at the conference.

By registering for this event, you acknowledge and agree to grant VGS the right to record, film and photograph your likeness in its media, marketing, promotional and educational efforts.

“It was an excellent conference, the speakers had a wealth of information.”

“Best clinically-based conference for the care of the elderly population!”

“Overall great experience and needed conference.”

“Great conference - look forward to next year!”

“This was my third VGS conference and I was not disappointed.”

2019 Registration Form

Registration Type	Early Registration (before 3/31/19)	Late Registration (after 3/31/19)	On-Site Registration
VGS Member Physician	\$450	\$500	\$525
VGS Member Non-MD (Physicians-in-training, Pharmacists, Nurse Practitioners, Physician Assistants)	\$350	\$400	\$425
Non-Member Physician	\$500	\$550	\$575
Non-Member Non-MD (Physicians-in-training, Pharmacists, Nurse Practitioners, Physician Assistants)	\$400	\$450	\$475
Qualified Students Qualified students must show current proof of enrollment in a Medical PA, NP, RN, MSW/BSW, Pharmacy program, etc.*	\$200	\$200	\$215

Daily Registration

- Friday **\$275**
 Saturday **\$255**
 Sunday **\$195**
 Saturday & Sunday **\$450**

Conference Binder

Printed Conference Binder \$45

Please note: Conference binders are printed several weeks ahead of the conference, and may contain outdated materials. Binders ONLY contain 5-slide per page printouts of presenter slides, updated versions of which are available on the attendee portal.

VGS Member Dinner

- I plan to attend the VGS Member Dinner. **\$10**
 I plan to bring # _____ of guests to the VGS Member Dinner. **\$10/each**

TOTAL ENCLOSED _____

Name: _____

Credentials: _____

Discipline: _____

Institution: _____

PHARMACISTS ONLY: NABP ID No.: _____ DOB: _____

Home Address: _____

City: _____ State: _____ Zip Code: _____

Daytime Telephone: _____ Email Address: _____

Will you attend the Friday evening Networking Reception from 5:30 p.m. - 6:30 p.m.? Yes No

Are you a first time attendee? Yes No

How did you hear about the conference? Email Website Colleague Referral AGS Email Other _____

Mail registration form to Christine Heubusch, VGS Conference Coordinator, 250 West Main Street, Suite 100, Charlottesville, VA 22902. To pay by credit card, registration is available online at www.vgsconference.org.

For phone inquiries or special needs contact Christine Heubusch at (434) 977-3716 ext. 23. No registration refunds will be given after March 31, 2019. Refund requests will be subject to a \$50 administrative fee.

Deposit Check Rec'd	Init: _____
Date: _____	Check #: _____

* Qualified students must email a copy of their valid student ID to christine.heubusch@easterassociates.com.