



# SAVE THE DATE

2022 VCNP ANNUAL CONFERENCE  
THE OMNI HOMESTEAD RESORT

MARCH 2 – 5, 2022



## WEDNESDAY, MARCH 2

11:00 AM - 5:00 PM

Conference Registration

12:30 PM - 4:30 PM

Pre-Conference Workshops

**Acupuncture**

- Abril Reck

Description TBD

Pharmacology/non-pharmacology credits TBD

**Advanced Suturing - Max. 25 participants**

- Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP

This workshop is designed to give the participant an advanced understanding of the evaluation and management of traumatic skin and soft tissue injuries. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

0.5 Pharmacology/3 non-pharmacology credits

**Healthy NP, Healthy Patient - BRING YOUR YOGA MAT, WATER BOTTLE, & BE PREPARED TO BE ACTIVE**

- Mimi Secor, DNP, FNP-BC, FAANP, FAAN

During this session the attendee will explore the effects of stress, causes of burnout, the concept of extreme self-care, management of stress, and the benefits of being an healthy role model for patients and patient safety/quality of care/pt outcomes. Attendees will also learn how to stop unhealthy habits and start/adopt new healthier habits including utilizing habit stacking as a strategy. Finally, attendees will learn the benefits of and practice a stretching routine (so wear comfortable clothes), will explore food recall apps, and how to implement healthy habits in daily life. Come with your goals, challenges, excuses, bad habits and a "can do" attitude to this interactive and fun workshop. You can be healthy and fit at any age.

0 Pharmacology/3.5 non-pharmacology credits

**Radiology**

- Robert DeWitt, MD

This workshop is designed to be a whirlwind tour of radiology which starts by introducing and reviewing the different radiology modalities, explaining their basic physics and clinical utility. We will discuss the American College of Radiology Appropriateness Criteria which advises the best study to assist in common clinical questions. The workshop will end with an elementary approach to performing your own preliminary reads on chest or extremity radiographs.

0 Pharmacology/3.5 non-pharmacology credits

12:30 PM - 2:30 PM

Pre-Conference Workshop

**VCNP 101**

- Becky Compton, DNP, RN, FNP-C

- Dawn Bourne, DNP, FNP-C, HEC-C

- Olivia Newby, DNP, FNP-BC, CDE, FAANP

Will review various components of VCNP, help new members connect with leaders and are aware of resources. Provide resources to new leaders.

0 Pharmacology/2 non-pharmacology credits

2:15 PM - 2:30 PM

Break



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5:00 PM - 7:00 PM VCNP Board of Directors Meeting - Board Members Only

7:00 PM - 8:30 PM Opening Reception - Visit Exhibitors & Posters

## THURSDAY, MARCH 3

7:00 AM - 5:30 PM Conference Registration

7:00 AM - 8:00 AM Continental Breakfast & Visit Exhibitors

8:00 AM - 9:15 AM General Session

**Keynote Speaker - Oh, the Places Our Minds Can Go!**

- Jacqueline Cranford, JD

This session explores key diversity, equity, and inclusion concepts and how these concepts show up in the workplace and communities served. We will discuss implicit bias, its manifestations, its impact, and how to minimize bias.

0 Pharmacology/1.25 non-pharmacology credits

9:15 AM - 10:15 AM Supported CE Session

**Supported CE - A New Era in Influenza 1.0 CE**

- Charles Vega, MD

Description TBD

Pharmacology/non-pharmacology credits TBD

10:15 AM - 10:45 AM Visit Exhibitors & Posters



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10:45 AM - 12:00 PM

## Breakout Sessions

### **Acute Care: Things We Do For No Reason in Acute Care**

- Sarah Tiesing, RN, MSN, FNP-C

This presentation will include general acute care processes and protocols that are not evidence and value-based, including prescribed medications, diagnostic testing and treatment plans.

0.5 Pharmacology/0.75 non-pharmacology credits

### **Generalist: Adiposopathy Evidence Based Weight Loss**

- Christine Kessler, MN, CNS, ANP, BC-ADM, FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Mental Health: Building Your Mental Health Tool Kit**

- Lisa Beauvois

Recognizing that depression and anxiety are the most commonly diagnosed disorders in primary care, this presentation helps the primary care NP manage patient's symptoms using brief interventions. By providing practical, evidence-based examples of psycho-education and behavioral interventions, the primary care NP can feel better prepared to support their patients. The ability for primary care NPs to offer these interventions in the trusted environment of their patient's medical home allows for a strengthened therapeutic alliance. I will provide video clips of examples of real-life interventions which can be performed within the limited time frame of a primary care visit (5 minutes or less). I will also discuss how to adapt interventions to patients across the life span and include suggestions for cultural adaptations. The presentation will conclude with 'lessons learned' as well as an opportunity to ask questions of the presenter.

0 Pharmacology/1.25 non-pharmacology credits

### **Pediatrics: All Tied Up: Understanding Tongue & Lip Ties**

- Kate Bartholomay, MSN, FNP-BC, CORLN

This interactive presentation will discuss the clinical history and anatomy of tethered frenulums, how to assess tongue and lip ties, and how to prepare your patients' for a frenotomy procedure from an ENT NP's viewpoint.

0 Pharmacology/1.25 non-pharmacology credits

### **Women's Health: Menopause**

- Mimi Secor, DNP, FNP-BC, FAANP, FAAN

During this lively session, attendees will learn about the latest statistics, epidemiology/physiology of menopause, the dramatic metabolic changes and risks, and Vasomotor Symptoms (VMS), Vulvovaginal Atrophy (VVA). Attendees will learn/be able to discuss the current recommended diagnostic criteria for VMS and Vulvovaginal Atrophy, Finally, attendees will be able to describe pharm/non pharm options/alternatives for treatment of VMS, VVA, and HSDD\* (Hypoactive sexual desire disorder/low libido).

Pharmacology/non-pharmacology credits TBD

12:00 PM - 1:30 PM

Lunch on Own

1:30 PM - 2:30 PM

Visit Exhibitors & Posters & Ice Cream Break



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2:30 PM - 3:45 PM

## General Session

### **The Art of Diagnosing**

- Judy Branscom Jenks, DNP, FNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

3:50 PM - 5:05 PM

## Breakout Sessions

### **Acute Care: Non-Invasive Valve Repair Options (Videotaped Session)**

- Varun Maheshwari

- Chiwon Hahn

- Robert Levitt, MD FACC

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Generalist: Multiple Sclerosis for the Primary Care Provider**

- Denise Bruen, ANP-BC, MSCN

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Generalist: Summoned for a Deposition: Now What?**

- Judy Branscom Jenks, DNP, FNP-BC

- Susan Wirt, MSN, RN, CRRN, CCM, CLCP, CRP, CNLCP

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Generalist: Telehealth**

- Carolyn Rutledge, Ph.D., APRN, FNP-BC, FAAN

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Mental Health: An Encompassing Approach to Mental Health**

- Mallory Fox

Description TBD

Pharmacology/non-pharmacology credits TBD

5:15 PM - 6:30 PM

## General Session

### **Professional Issues: Writing for Publication**

- Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP

Have you implemented evidence based solutions that others should hear about? Do you have writer's block or discouraged from rejections? Core to the profession of nursing is the dissemination of knowledge. The dissemination of knowledge is an interactive process essential to safe, transparent, effective and efficient healthcare. Yet publishing is often the most elusive of the 3 P's of dissemination; posters, presentations and publications. This session will offer practical strategies for moving ideas, results and solutions to publication.

0 Pharmacology/1.25 non-pharmacology credits

6:30 PM - 7:00 PM

Optional Dinner Symposium Registration TBD

6:45 PM - 8:30 PM

GR Committee Meeting - Committee Members Only



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7:00 PM - 8:00 PM    Optional Dinner Symposium TBD  
Optional Dinner Symposium TBD  
Optional Dinner Symposium TBD

## FRIDAY, MARCH 4

7:00 AM - 5:00 PM    Conference Registration

7:00 AM - 8:00 AM    Continental Breakfast with Exhibitors

8:00 AM - 9:00 AM    General Session

**Leslie Herdegen Rohrer Memorial Session: Professional Issues: Department of Health Professions**  
- Robin Hills, DNP, WHNP-BC  
Description TBD  
0 Pharmacology/1 non-pharmacology credits

9:00 AM - 10:00 AM    General Session

**Opioid Therapy**  
- Brett Snodgrass  
Description TBD  
Pharmacology/non-pharmacology credits TBD

10:00 AM - 11:00 AM    General Session

**COVID Complications**  
- Howard Li  
Description TBD  
Pharmacology/non-pharmacology credits TBD

11:00 AM - 12:00 PM    Final Exhibit Hall

12:00 PM - 1:30 PM    VCNP General Membership Lunch Meeting/Awards/Basket Raffle

1:30 PM - 2:30 PM    Supported CE Session

**Supported/CE Shingles Update 1.0 CE**  
- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP,  
Description TBD  
Pharmacology/non-pharmacology credits TBD



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2:35 PM - 3:50 PM

## Breakout Sessions

### **Acute Care: ICU Management: Ventilated ECMO Patients**

- Brett Snodgrass

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Generalist: Current Management of Chronic Heart Failure**

- Vera Barton-Maxwell, PhD, APRN, FNP-BC

This presentation will outline the current evidence-based management of all forms and stages of heart failure (HF) in the outpatient setting. Definitions, epidemiologic trends, and burden of HF in the U.S. will also be addressed.

0.5 Pharmacology/0.75 non-pharmacology credits

### **Generalist: Tired & On Fire: Managing Chronic Inflammation**

- Melanie Dorion

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Pediatric Mental Health: How to Identify Autism, ADHD and Anxiety in Pediatric Patients**

- Lisa Beauvois

In caring for our Elementary years pediatric patients, the differentiation between Anxiety, ADHD and mild Autism can be a challenge. This presentation will review DSM-V criteria for each condition and offer a comprehensive approach to help Pediatric NPs hone their diagnostic skills in making the correct diagnosis. Screening measures and guidelines on when to refer for specialized care will be presented. Although there will be a brief discussion on evidence-based treatment approaches, pharmacological management of these conditions will not be the main focus on this presentation.

0 Pharmacology/1.25 non-pharmacology credits

### **Use of Medications for Opioid Use Disorder (MOUD) in the Office Based Opioid Treatment (OBOT) Setting**

- Adrian Thacker, MSN, LNP, CARN-AP, FNP-C

- Willie Hamilton, FNP

Objectives: Identify the core concepts of addiction Review recent trends in substance use and overdose rates Discuss commonly used medications for treating opioid use disorder Explain the clinician's role in MOUD treatment Clarify the role of toxicology testing in addiction treatment Help the audience to gain a better understanding of ASAM Dimensions of Care, evaluating readiness for change/stages of change, motivational interviewing techniques, the negative impacts of stigma on individuals in recovery and the benefits of participation in 12 step facilitation groups.

0.25 Pharmacology/1 non-pharmacology credits



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3:55 PM - 5:10 PM

## Breakout Sessions

### **Acute Care: Skull Base Neurosurgery for Brain Tumors & Vascular Care**

- Eric Marvin, DO

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Generalist: Gut Microbiome & Obesity**

- Melanie Dorion

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Generalist: Managing Common Nail & Hand Conditions Max. 25 participants**

- Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP

Hand and nail problems can result in serious disability if not managed appropriately. This session will review diagnosis and treatment of common acute hand and nail problems, such as paronychia, felon, tenosynovitis, subungual hematoma and game-keepers thumb.

0.5 Pharmacology/0.75 non-pharmacology credits

### **Mental Health: Functional & Oriental Medicine Strategies for Mental Illness**

- Abril Reck

Description TBD

Pharmacology/non-pharmacology credits TBD

### **Women's Health: Body Clock, Diet, Hormones & Metabolism**

- Christine Kessler, MN, CNS, ANP, BC-ADM, FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD

5:10 PM - 5:30 PM

Optional Dinner Symposium Registration TBD

5:30 PM - 6:30 PM

Optional Dinner Symposium TBD

Optional Dinner Symposium TBD

Optional Dinner Symposium TBD

## SATURDAY, MARCH 5

7:00 AM - 8:00 AM

Continental Breakfast

8:00 AM - 9:15 AM

General Session

### **COVID**

- Danny Avula, MD

Description TBD

Pharmacology/non-pharmacology credits TBD

9:15 AM - 10:15 AM

Supported CE Session

### **Supported/CE - GLP-1 Receptor Agonists in Type 2 Diabetes Mellitus 1.0 CE**

- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP,

Description TBD

Pharmacology/non-pharmacology credits TBD