



VIRGINIA COUNCIL OF NURSE PRACTITIONERS 2021 ANNUAL CONFERENCE

MARCH 10-13 | VIRTUAL EVENT



VIRGINIA COUNCIL OF NURSE PRACTITIONERS
250 West Main Street, Suite 100, Charlottesville, VA 22902 | 434.977.3716 | vcnp.net
PARTNERS FOR A HEALTHIER TOMORROW



LETTER FROM THE PRESIDENT

Dear Nurse Practitioner Colleagues & Students,

Welcome to the Virginia Council of Nurse Practitioners 2021 Conference! The VCNP is excited to host our annual conference and bring you a rich panel of speakers. Our conference provides educational and networking opportunities to foster the professional development of nurse practitioners across the Commonwealth. Our goal in hosting this conference is to provide the highest quality program to expand the clinical knowledge and advocate for advanced practice nurses by offering a variety of evidence based presentations. This year is no exception, and while 2020 was quite different, the pandemic has underscored the importance of staying up to date on evolving health care issues including COVID, racial diversity, and provider well-being. We are pleased to have Dr. Eileen O'Grady as this year's distinguished keynote speaker, who will be speaking on nurse practitioner resiliency. Dr. O'Grady is a wellness coach and founder of The School of Wellness. VCNP wants to help NPs learn to focus on self care while working through the challenges 2020 has brought us all!



Another important topic that we will address is health care provider well-being. I am sure that many of us can attest to the challenges that we have personally experienced or have witnessed colleagues experience during this pandemic and even prior to the pandemic. We are fortunate to have garnered Corey and Jen Feist, founders of the Dr. Lorna Breen Foundation (<http://www.dr.lornabreen.org/>), along with Dr. Pam Cipriano, Dean of the UVA School of Nursing and the Past President of the American Nurses Association, who will provide a panel discussion, share personal stories of tragedy and discuss ways to address the challenges surrounding provider burn-out.

Given the ongoing racial tensions and racial disparities, we felt it was important to continue the dialogue on race and ensure we are aware of our own implicit bias. We will host a panel of esteemed speakers including Dr. Greg Townsend, Associate Dean for Diversity & Inclusion at UVA School of Medicine, Anne Williams, organizational development consultant, and Dr. Anastasia Williams, a pediatrician who will share her insight and experiences with racial tension and diversity challenges. And attendees will not want to miss a presentation by our own State Health Commissioner, Dr. Norman Oliver, who will provide COVID updates.

The VCNP Conference Committee is chaired by Helen Willis, Education Co-Chair. Helen and the Conference Committee, which consists of representatives from all regions, have done an amazing job converting our conference into a virtual format. The Conference Committee has planned an outstanding agenda with state and nationally recognized speakers. The conference provides a number of pharmacy and non-pharmacologic credits for attendees in pre-conference workshops, general sessions and specialty education tracts in acute care, women's health, mental health, pediatrics and primary care. The virtual format offers attendees the opportunity to attend as many of the breakout sessions as they would like up to 2 weeks after the conference end date!! This is an added bonus this year! We encourage attendees to register early to receive the early registration rate and to reserve a pre-conference workshop, as some have limited capacity.

We are pleased to offer VCNP members a discounted rate to the conference. Also, we will be providing an updated VCNP 101: New Leader Orientation as a pre-conference workshop. This will provide an orientation for incoming board members and new members and will give an overview of our organization. We invite anyone who desires to learn more about VCNP or is interested in serving at the regional or state level to join this workshop.

As always, we welcome all non-members and nurse practitioners from neighboring states to attend and believe this will be an extremely valuable conference.

We look forward to "seeing" you there!

Sincerely,

Rebekah (Becky) Compton, DNP, FNP-BC
President, Virginia Council of Nurse Practitioners

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Rebekah Compton, DNP, RN, FNP-BC

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April Durning, FNP

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Helen Willis, MSN, RN, ACNP-BC, CCRN

Nominations & Awards

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2021 ANNUAL CONFERENCE

Virginia Council of Nurse Practitioners (VCNP) invites you to attend the Virtual 2021 Annual Conference. VCNP is continuing to offer online conference registration, online session evaluations and an attendee portal that will allow attendees to access speaker presentations online before and after the conference.

This year's program will feature several general sessions, concurrent specialty interest sessions, optional pre-conference workshops, rapid fire concurrent sessions, and the Virtual exhibit hall featuring the latest information on patient products and services.

VIRTUAL OPPORTUNITIES

Take advantage of opportunities to extend learning beyond the classroom. Be sure to visit the virtual exhibit hall to learn about the latest industry products and services. Attend the Virtual Annual Meeting with the Board on Friday for more VCNP updates from the organization's leaders.

CONTACT HOURS

Virginia Council of Nurse Practitioners is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number VNA#: 20-06-02P. Conference participants will have the opportunity to earn over 30 CEs, which includes the 2 hour Opioid requirement. (pending approval).

THE VCNP MISSION

To facilitate the advancement and foster the professional growth of nurse practitioners, and to advocate for the improvement of health and access to care for all Virginians.

OPTIONAL FINANCIAL CONTRIBUTIONS

All 2021 conference attendees will have an opportunity to donate to the VCNP Political Action Committee (PAC). PAC contributions will be distributed to legislators who are supportive of VCNP issues such as Full Practice Authority and who sit on committees that hear legislation pertaining to NP practice. All contributions to legislators are made on a bipartisan basis. Help us continue to build relationships with our elected officials. Help us get our message out!

Donations to the VCNP PAC are not tax deductible.

2021 VCNP CONFERENCE PLANNING COMMITTEE

Helen Willis, ACNP
Education Co-Chair, Conference Chair

Debbie Dellinger, MSN, RN, ACNP-BC
Education Co-Chair, Primary Nurse Planner

Rebekah Compton, DNP, RN, FNP-BC
President

Olivia Newby, DNP, FNP-BC, CDE, FAANP VCNP
President -Elect

Maribeth Capuno, DNP, RN, ANP-BC Blue Ridge
Bylaws, Policy & Operations

Rachel Cloutier, MS, RN, ACNP-BC Richmond

Mary Deivert, ACNP Piedmont

Kim Grossman, ANP-BC Southside

Julie Lear, MSN, RN, CCRN Peninsula

Hishani Perera, DNP, APRN, FNP-C Fredericksburg

Christie Stallter, FNP-BC Tidewater

Cathy Tierney, LNP Northern Virginia

NEEDS ASSESSMENT & OBJECTIVES

The Virginia Council of Nurse Practitioners (VCNP) is a non-profit 501(c)6 organization with nearly 1,800 members. The organizational mission is to facilitate the advancement of the nurse practitioner (NP) profession, enhance continuing professional development through local meetings and the state conference. VCNP leadership promotes political advocacy to influence state and national health policy. The objectives of the VCNP Annual Conference are to provide an educational curriculum and enhance the knowledge and skills of NPs in varied practice roles. The conference also offers collegial networking opportunities, emerging trends in practice management and highlights political issues affecting NP roles and practice. VCNP is committed to providing education for NPs. Educational needs are identified through surveys, practice pattern analysis, previous contact hours activity evaluations, current practice issues and emerging technology. The conference curriculum is developed by the conference planning committee comprised of NP representatives from the regions, the VCNP President, President-Elect and the Conference Chair. The Virginia Council of Nurse Practitioners is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours and Pharmacology hours will be available at this conference. Conference participants will have the opportunity to earn **over 30 contact hours**, which includes the 2 hour opioid requirement. Accessing educational grant monies and industry support is critical to the organization's ability to continue to offer a superior and affordable educational program for NPs throughout the state of Virginia. Educational grant monies help make possible a quality educational program enhancing NP knowledge and skills, which promote improved patient care and health outcomes.

**Download and print any
available session materials from your
attendee portal.**

2021 ANNUAL CONFERENCE FACULTY

Kathleen Bailey, CNM, MA, MS, FACNM

Barb Bancroft, RN, MSN, PNP

C. Todd Borchers, MS, RN, ACNP-BC

Dawn Bourne, DNP, FNP-C

Dana Burns, DNP, FNP-BC

Ruth M. Carrico, Ph.D., DNP, FNP-C, CIC, FSHEA, FNAP

Pamela Cipriano, PhD, RN, NEA-BC, FAAN

Christine Collins, DNP, FNP-BC, APRN

Stephanie De Arme, MHS, PA-C

Katherine Endres, DNP, FNP-BC, RNC-OB, C-EFM

Corey Feist

Jennifer Feist

Allison Gregory, MS, FNP

Karen Higgins, DNP, FNP-BC

Judy Branscom Jenks, DNP, FNP-BC

Christine Kessler, MN, CNS, ANP, BC-ADM, FAANP

Theresa Long, DNP FNP-BC, CDE

Tammy Maloney, FNP-BC, DNP, AE-C

Greg Maheu

Christianne Nesbitt, DNP, GNP-BC, PMHNP-BC

Olivia Newby, DNP, FNP-BC, CDE

Shannon Nicholson, DNP, FNP-BC

Eileen O'Grady, Ph.D., RN, NP

Norman Oliver, MD, MA

Katie Page, MSN, CNM

Hishani Perera, DNP, APRN, FNP-C

Whitney Pugh, BSN, RN, MSN, FNP-BC

Deborah Quinn, DNP

Lynn Rapsilber, DNP APRN ANP-BC FAANP

Kate Shaw, MA, MS, PsyD

Karen Sova, MSN, ANP-BC, COHN-S

Reagan Thompson, DNP, FNP-C

Cynthia Thurlow, ANP, MSN

Greg Townsend, MD

Shelley Vaughn, DNP, FNP-BC

Anne Williams, M.A.

Anastasia Williams, MD, FAAP

Karen Williams, DNP, FNP-BC

Susan Wirt, MSN, RN, CRRN, CCM, CLCP, CRP, CNLCP

Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP



2021 ANNUAL CONFERENCE

AGENDA

WEDNESDAY, MARCH 10

11:00 AM - 11:30 AM

Visit Exhibitors

11:30 AM - 12:30 PM

General Session

CE symposium supported by Sanofi Genzyme -Unmasking Rare Disorders: What the NP Needs to Know

- Stephanie DeArmedy, MHS, PA-C

Lysosomal storage diseases are inherited disorders that are characterized by a lack of specific enzymes to break down sugars and fats. Although individually rare, when considered together as a group, are relatively frequent. And, with the inclusion of many new diseases in NBS across the country, numbers are likely to rise. This activity will offer NPs, who already provide a significant portion of patient care, strategies to unmask the world of LSDs by recognizing signs and symptoms with the potential for targeted interventions that can help improve patient quality of life.

Pharmacology/non-pharmacology credits TBD

12:30 PM - 4:15 PM

Pre-Conference Workshops

Documentation & Coding: Do Not Leave Money on the Table

- Lynn Rapsilber, DNP APRN ANP-BC FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD

Pain Management with Auricular Therapy/Auricular Acupuncture- MUST order human ear model ON YOUR OWN.

<https://www.etsy.com/listing/198292755/soft-flexible-model-ear-displays-for?ref=sh>

- Karen Williams, DNP, FNP-BC

- Karen Sova, MSN, ANP-BC, COHN-S

Auricular acupuncture has been around for centuries. It is an additional tool for NP's to utilize when treating patient with complaints of pain. It is easy to learn, safe, effective and cost effective. This is an introductory course on this valuable skill, it is not intended to certify the provider in Auricular acupuncture.

0 Pharmacology/3.5 non-pharmacology credits

Shoulder & Knee Assessment - (Hands On) Please have a partner available.

- Shannon Nicholson, DNP, FNP-BC

During this workshop, attendees will review relevant anatomy of the shoulder and knee and review and perform physical examination techniques under guidance and with instructor assistance.

0 Pharmacology/3.5 non-pharmacology credits

Vitamins and Minerals--From A to Zinc

- Barb Bancroft, RN, MSN, PNP

What is the newest clinically relevant information about vitamins and minerals? Can vitamins and minerals boost immunity? Do vitamins and minerals interfere with drugs such as levothyroxine? Can certain vitamins interfere with lab tests? Attend this session for the answers and more...

2.5 Pharmacology/1 non-pharmacology credits



2021 ANNUAL CONFERENCE

AGENDA

12:30 PM - 2:00 PM **Pre-Conference Workshop**
VCNP 101
- Olivia Newby, DNP, FNP-BC, CDE
- Dawn Bourne, DNP, FNP-C, HEC-C
Description TBD
Pharmacology/non-pharmacology credits TBD

5:00 PM - 7:00 PM **VCNP Board of Directors Meeting**

THURSDAY, MARCH 11

7:45 AM - 8:15 AM **Visit Exhibitors**

8:15 AM - 9:30 AM **General Session**

Keynote Session: Nurse Practitioner Resiliency 2.0 Wellness in the Era of COVID-19

- Eileen O'Grady, PhD., RN, NP

Nurse practitioners have been on the front lines of the pandemic and many have experienced grief, overwhelm, change fatigue and confusion over the past year. A nurse practitioner well-being expert will present a resiliency program with science-backed tools. These will include: • A review of the unique challenges to Virginia NPs • How to approach uncertainty and complexity • How to become the CEO of your own life including self-leadership skills • The science of habit formation and the importance of building bedrock behaviors. Join us for this lively, supportive discussion to explore strategies to pursue your own wellbeing in this unprecedented time.

Pharmacology/non-pharmacology credits TBD

9:35 AM - 10:45 AM **General Session**

Pearls for the Practitioner...Chronopharmacology

- Barb Bancroft, RN, MSN, PNP

Applying your understanding of circadian rhythms to prescribing certain drugs can improve clinical outcomes. Should Metformin be given at night, based on its mechanism of action of inhibiting glycogenolysis, a nighttime "job" of the liver? Does taking a long-acting NSAID at night alleviate the pain and going stiffness of rheumatoid arthritis in the morning? Or would a long-acting glucocorticoid be a better choice? Advising your patient to take warfarin at 5 p.m. provides improved clinical outcomes by inhibiting clotting factor production by the liver at night. Lots of examples will be provided and just may change your prescribing patterns!

1.2 Pharmacology/0 non-pharmacology credits

10:45 AM - 11:15 AM **Break with Exhibitors**
Non CE Symposium TBD



2021 ANNUAL CONFERENCE

AGENDA

11:15 AM - 12:25 PM

Breakout Sessions

Acute Care - Sedation in the Critically Ill

- Christopher Borchers, MS, RN, ACNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Pediatrics - Psychologist & NP Collaboration in Treating ADHD

- Reagan Thompson, DNP, FNP-C

- Kate Shaw, Psy.D., LCP

This session is conducted jointly by a Licensed Psychologist and Family Nurse Practitioner to discuss how the two fields can work together in the diagnosis and treatment of ADHD. The session will cover the process of ADHD testing, other conditions that can mimic ADHD, and medication management.

0.3 Pharmacology/0.9 non-pharmacology credits

Rapid Fire - Generalist: Colorectal Cancer Screenings / Can Prediabetes Screening in Primary Care promote Patient Wellness and Engagement?

- Shelley Vaughn, DNP, FNP-BC

- Hishani Perera, DNP, APRN, FNP-C

Approximately 88 million US adults have prediabetes, with only 11% aware of their condition, signifying inadequate screening. A simple screening tool for early diagnosis and interventions for lifestyle changes may prevent progression to diabetes mellitus.

0 Pharmacology/1.2 non-pharmacology credits

Women's Health - Caring for Women with PCOS Across the Lifespan

- Kathleen Bailey, CNM, MA, MS, FACNM

APNs care for women with Polycystic Ovarian Syndrome (PCOS) and must know how to evaluate, treat, counsel, and possibly refer women with PCOS. The pathophysiology, diagnostic criteria, treatment, and counseling of women with PCOS will be addressed.

0.25 Pharmacology/0.95 non-pharmacology credits

12:25 PM - 1:30 PM

Break with Exhibitors

General Session

Supported CE Symposium- Minimizing the Burden of Influenza: New and Emerging Strategies

- Ruth Carrico, PhD, DNP, FNP-C, CIC, FSHEA, FNAP

- Greg Maheu

Pretest: <https://www.surveymonkey.com/r/GW5TNGR> Differentiating influenza from COVID-19 and other mimickers (and treating high-risk patients in a timely manner to avoid overburdening the healthcare system), has never been more relevant. Join us for a timely, expert-led CME program that will marry the current data and guideline recommendations on influenza testing, diagnosis, and antiviral treatment with engaging case studies, so you are prepared to apply the latest updates in influenza to clinical practice now.

Pharmacology/non-pharmacology credits TBD



2021 ANNUAL CONFERENCE

AGENDA

1:30 PM - 2:40 PM

General Session

Hypertension, Hyperlipidemia, and Diabetes! Oh My! Complex Cases in Primary Care.

- Allison Gregory, MS, FNP
- Dana Burns, DNP, FNP-BC

Case-based session focusing on applying guidelines to explore complex disease management focused on hypertension, hyperlipidemia, and diabetes in primary care. Learn practical tips, pearls to improve care and pitfalls to avoid.

1 Pharmacology/0.25 non-pharmacology credits

2:45 PM - 3:55 PM

Breakout Sessions

Generalist - Dermatological Manifestations of Systemic Disease

- Deborah Quinn, DNP

Description TBD

Pharmacology/non-pharmacology credits TBD

Generalist -Wake up: It's Time to Talk About Sleep

- Theresa Long, DNP FNP-BC, CDE

Description TBD

Pharmacology/non-pharmacology credits TBD

Geriatric -Non-Infectious SIRS in the Elderly: Mimics Sepsis

- Christine Collins, DNP, FNP-BC, APRN

Trauma in the elderly is associated with a poor prognosis. Many are diagnosed with sepsis and Multiple Organ Dysfunction Syndrome without an identified source. Trauma triggers the innate immune system and results in an inflammatory response that mimics sepsis. This session explores the innate immune system response to trauma and advances to understand and treat of this poorly appreciated problem.

0 Pharmacology/1.2 non-pharmacology credits

Women's Health -Bringing Reproductive Health Back into Primary Care

- Kate Endres, DNP, FNP-BC, RNC-OB, C-EFM

Come learn one vital thing you can do that will enhance patient relationships, improve patient health outcomes, demonstrate your willingness to advocate for patients, and improve women's health overall. Includes evidence for recommending and prescribing contraceptive methods.

0.25 Pharmacology/1 non-pharmacology credits

4:00 PM - 5:00 PM

General Session

Professional Issues -Health Policy at Any Level: Your Voice Matters

- Lynn Rapsilber, DNP APRN ANP-BC FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD

5:00 PM - 5:30 PM

Visit Exhibitors

5:30 PM - 7:00 PM

Government Relations Committee Meeting

FRIDAY, MARCH 12

7:45 AM - 8:15 AM

Visit Exhibitors



2021 ANNUAL CONFERENCE

AGENDA

8:15 AM - 9:25 AM

General Session

Leslie Herdegen Rohrer Memorial Session - COVID 19

- Norman Oliver, MD, MA

Description TBD

Pharmacology/non-pharmacology credits TBD

9:30 AM - 10:40 AM

General Session

Is Intermittent Fasting the Fountain of Youth?

- Cynthia Thurlow, ANP, MSN

Description TBD

Pharmacology/non-pharmacology credits TBD

10:45 AM - 12:00 PM

General Session

Implicit Bias & Racial Disparity in the Healthcare Setting

- Greg Townsend, MD

- Anne Williams, M.A.

The session will be a facilitated dialogue in which participants will be introduced to and will then discuss the topic of implicit bias and its effect on racial disparity in healthcare.

Pharmacology/non-pharmacology credits TBD

12:00 PM - 12:30 PM

Break with Exhibitors

Non-CE Symposium TBD

12:30 PM - 1:15 PM

VCNP Membership Meeting & Awards

1:15 PM - 2:30 PM

General Session

Supported CE Symposium - A Leap Forward in the Treatment of Migraine and Cluster Headache

- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP,

A primary headache disorder, e.g., migraine or cluster, is a common reason people seek medical care. In fact, migraine headache is the second leading cause of disability due to a neurological disorder worldwide. Differentiating among primary headache disorders is often challenging, yet crucial so that effective therapy can be initiated. Recent advances in the treatment of primary headache disorders that target calcitonin gene related peptide or serotonin 1F receptor provide greater opportunity to reduce the morbidity and disability associated with migraine and cluster headache. This presentation seeks to provide insight into the safety and efficacy of these newer medications and how they may be optimally used as acute or preventive treatment to address the unmet needs of patients with migraine headache or cluster headache.

1 Pharmacology/0.25 non-pharmacology credits

2:30 PM - 3:00 PM

Break with Exhibitors

Non-CE Symposium TBD



2021 ANNUAL CONFERENCE

AGENDA

3:00 PM - 4:10 PM

Breakout Sessions

Generalist -Addressing Adrenal Disorders

- Christine Kessler, MN, CNS, ANP, BC-ADM, FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD

Mental Health -Yes, And: Small Words, Big Impact

- Karen Higgins, DNP, FNP-BC

- Christianne Nesbitt, DNP, GNP-BC, PMHNP-BC

Yes, And. Two simple, yet powerful words that can change your practice, relationships, and life.

Participants will learn how using these two words validate others, move conversations forward, and build trust and community.

0 Pharmacology/1.2 non-pharmacology credits

Women's Health -Screening and Prevention of HPV Related Cancers

- Katie Page, MSN, CNM

This session will present the 2019 ASCCP guidelines for cervical cancer screening and explore history and disparities in cervical cancer screening, diagnosis of cervical pathology, prevention, and treatment.

0 Pharmacology/1.2 non-pharmacology credits

4:10 PM - 5:20 PM

Breakout Sessions

Acute Care -Multimodal Pain Management

- Christopher Borchers, MS, RN, ACNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Mental Health -Healthcare Provider Well Being

- Pamela Cipriano, PhD,RN, NEA-BC, FAAN

- Jennifer Feist, JD

- Corey Feist, JD, MBA

Burnout of healthcare workers has reached crisis levels as a parallel pandemic. Taking action to improve the work environment and provide meaningful support is essential to halt the emotional exhaustion and distress that is eroding mental health of providers.

0 Pharmacology/1.2 non-pharmacology credits

Rapid Fire: Components of a TeleHealth Visit

- Tammy Maloney, FNP-BC, DNP, AE-C

- Whitney Pugh, BSN, RN, MSN, FNP-BC

Describe the components of a synchronous telehealth visit to include etiquette, review of systems, directed patient exam with and without peripherals, and documentation guidelines.

0 Pharmacology/1.2 non-pharmacology credits

SATURDAY, MARCH 13



2021 ANNUAL CONFERENCE

AGENDA

9:00 AM - 10:00 AM

General Session

Malpractice vs Nurse Practitioners

- Judy Branscom Jenks, DNP, FNP-BC
- Susan Wirt, MSN, RN, CRRN, CCM, CLCP, CRP, CNLCP

Curious about medical lawsuits post-COVID-19? Concerned about malpractice with or without Autonomous Practice Authority? Wonder about malpractice and Telehealth? Legal Nurse Consultants will explain medical malpractice fundamentals including analyzing errors that lead to lawsuits.

0 Pharmacology/1 non-pharmacology credits

10:15 AM - 12:15 PM

General Session

Pain Management and Opioids: Balancing the Risks

- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP,

Pain is the most commonly reported symptom in a primary care setting. This lecture will take you through the nuts and bolts of acute and chronic pain. Included in this discussion will be a focus on the importance of a comprehensive approach including pain management specialists, primary care providers, nurses, complementary therapies and modalities. In addition, a discussion on the importance of narcotic contracts and the regulation of controlled substances.

2 Pharmacology/0 non-pharmacology credits

2021 VCNP ANNUAL CONFERENCE

REGISTRATION

PAYMENT BY CREDIT CARD AVAILABLE ONLINE ONLY AT VCNP.NET.

Name _____ Credentials (ex. RN, MSN, etc.) _____

Specialty _____ Region _____

Practice Setting Urban Suburban Rural Military/Gov't University School Other

Mailing Address _____

City/State/Zip _____

Telephone _____ Fax _____

Email (REQUIRED) _____ Membership # _____

STUDENTS — Those registering as STUDENTS must include a copy of a student ID or class schedule to verify full time status. The student conference rate only applies to students who are currently VCNP student members. Nurse practitioners who have returned to school to pursue either a PhD or DNP and are full VCNP members cannot register at the student conference rate.

REFUNDS/SUBSTITUTIONS — Refund requests must be submitted in writing and received by 1/22/21. A \$25 administrative fee will be deducted from such requests. No refunds will be made after 1/22/21. Refunds will be determined by date written cancellation is received.

Please mark all choices carefully (Circle appropriate amounts, check appropriate boxes and fill in blanks) and be sure to total choices at the far right hand column and bottom of form.

REGISTRATION OPTIONS (ALSO AVAILABLE ONLINE AT VCNP.NET)

Item	Member Early*	Member Late	Non-Member Early*	Non-Member Late	Student Early*	Student Late	Total
<input type="radio"/> Full Conference Fee (3/11 - 3/13)	\$200	\$250	\$250	\$300	\$125	\$150	_____

*To qualify for the early rate listed, you must register before or on 1/22/20. Any registrations following this date will be charged the late rate.

Pre-Conference Workshops (See second page of form to calculate additional total)
Please note: Pre-Conference workshops will **not be videotaped. _____

NP Scholarship Fund Donation (Donations can be made by credit card online, or by check) _____

VCNP Political Action Committee Donation (Donations can be made by credit card online, or by check. Donations to the VCNP PAC are not tax deductible.) _____

GRAND TOTAL _____

First Time Attendee

How did you learn about the conference? Brochure Email Website Colleague Referral Other _____

By registering for this event, you acknowledge that texts and emails will be sent with updates, product information and conference details. You may opt out at any time.

Make all checks out to VCNP Conference 2021, 250 West Main Street, Suite 100, Charlottesville, VA 22902.

If you do not receive a confirmation letter from the VCNP office within 30 days of submitting your registration form, please call the office to confirm that your registration material has been received at (434) 977-3716. By registering for this event, you acknowledge and agree to grant VCNP the right to record, film and photograph your likeness in its media, marketing, promotional and educational efforts.

2021 VCNP ANNUAL CONFERENCE

REGISTRATION

SESSIONS ARE AVAILABLE ON A FIRST COME, FIRST SERVE BASIS

Early registration ends January 22, 2021. Conference registration fees increase after this date.

Name _____ Email _____

WEDNESDAY, MARCH 10

Pre-Conference Workshops: will not be videotaped

	Before 1/22/21	After 1/22/21	
<input type="radio"/> VCNP 101: 90 minutes	FREE	FREE	_____
<input type="radio"/> From A to Zinc	\$100	\$125	_____
<input type="radio"/> Shoulder and Knee Assessment <small>Please have a partner during the workshop, so you can practice.</small>	(limit 30 participants) \$100	\$125	_____
<input type="radio"/> Pain Management with Articular Therapy / Articular Acupuncture <small>Acupuncture needles will be donated by LhasaOhms and sent to each participant. Participants will need to order, ON YOUR OWN, an ear model to practice on during the workshop. Please order, as soon as possible, to allow time for shipping. The link for the model is Soft Flexible Model Ear Displays for Acupuncture Jewelry Etsy Approximate cost \$25.00, plus fees/shipping</small>	(limit 20 participants) \$100	\$125	_____
<input type="radio"/> Documentation & Coding; Do Not Leave Money on the Table	\$100	\$125	_____

*To qualify for the early rate listed, you must register before or on 1/22/21. Any registrations following this date will be charged the Late rate.

TOTAL _____

THURSDAY, MARCH 11

Breakout Sessions.

11:15 AM - 12:25 PM

- Women's Health: Caring for Women with PCOS Across the Lifespan
- Pediatrics: Psychologist & NP Collaboration in Treating ADHD
- Generalist: Colorectal Cancer Update/PreDiabetes Screening in Primary Care (Rapid Fire)
- Acute Care: Sedation in the Critically Ill

2:45 - 3:55 PM

- Women's Health: Bringing Reproductive Health Back Into Primary Care
- Geriatric: Non-Infectious SIRS in the Elderly; Mimics Sepsis
- Generalist: Wake up: It's Time to Talk About Sleep
- Generalist: Dermatological Manifestations of Systemic Disease

FRIDAY, MARCH 12

Breakout Sessions.

3:00 - 4:10 PM

- Women's Health: Screening and Prevention of HPV Related Cancers
- Mental Health: Yes, And: Small Words, Big Impact
- Generalist: Addressing Adrenal Disorders

4:10 - 5:20 PM

- Generalist: Housecall Practice During COVID 19/Components of a TeleHealth Visit (Rapid Fire)
- Mental Health: Healthcare Provider Well Being
- Acute Care: Multimodal Pain Management

Breakout sessions will be videotaped and may be viewed 2 weeks after the conference for additional CE.