



SET SAIL IN A SEA OF CME

Hilton Virginia Beach Oceanfront



July 24 - 29, 2016



SET SAIL IN A SEA OF CME

We Support Our Active Duty Military and Veterans!

We'd like to thank our active duty military members and veterans with a special discounted conference rate. If you attend the full conference, you will receive \$75.00 off the Member Registration price.



In support of the **Virginia Academy of Physician Assistants'** mission, the focus of this year's conference is to provide Physician Assistants, Nurse Practitioners and other providers with current medical information that will reinforce their knowledge base and introduce new concepts and clinical practice skills through a cost-effective, evidence-based, and diverse educational program.

This program has been approved for a maximum of 41.75 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel and is approved for a maximum of 2.00 AAPA Category 1 Self-Assessment Credits by the Physician Assistant Review Panel (workshop title: The Abnormal CBC: Keep or Refer offered July 24, 2016, 2 - 4PM). Physician Assistants should only claim the credit commensurate with the extent of their participation in the activity. Attendees could earn up to a total of 37.75 hours of CME credit for participating in all General Session and non-concurrent additional workshops. Please see agenda for CME hours awarded for each session.

This program was planned in accordance with AAPA's CME Standards for Live Programs and Commercial Support of Live Programs.

Sink Your Feet into Our CME

- ▶ Earn Category 1 CME credits while enjoying a family summer vacation!
- ▶ Faculty will present their perspectives and excellent educational updates
- ▶ Participants will gain knowledge and practical strategies to provide highest level of patient care
- ▶ Insightful hands-on workshops (optional)
- ▶ Exhibit hall
- ▶ Daily breakfast, lunch (Mon-Thurs) and refreshment breaks included
- ▶ Nearby popular dining, shopping, and entertainment



Here's what people are saying about the VAPA SUMMER CONFERENCE!



"We will continue to attend year after year."

"Love this conference!"

"This conference is one of the best on the East Cost."

The HILTON VIRGINIA BEACH OCEANFRONT offers luxurious accommodations and superior first-class service.



This hotel, towering 21 stories above the Virginia Beach resort district, offers panoramic views that rank among the very best on the mid-Atlantic coast. It boasts two award-winning restaurants including Catch 31 - offering the *Oceanfront's largest raw bar and fresh seafood selections* and Salacia - *Virginia's only AAA Four-Diamond Steakhouse*, as well as the Sky Bar, featuring Virginia Beach's only roof top bar and infinity pool.

Located adjacent to the hotel is Neptune Park which hosts nightly entertainment throughout the summer, and the Shoppes at 31 Ocean, which offers a variety of fabulous boutiques for your shopping pleasure. The Hilton Virginia Beach Oceanfront hotel is situated just 20 minutes from Norfolk

International Airport and downtown Norfolk, 45 minutes from Colonial Williamsburg and Busch Gardens, five minutes from the Virginia Aquarium & Marine Science Center, and only 10 seconds from the famous Virginia Beach boardwalk and oceanfront. Travel should take you places!™

Superior guestrooms are available with king beds or two double beds. Featured amenities include a 32-inch flat-screen color television with premium cable channels, on-demand movies, high-speed internet access, two telephones with voicemail capabilities, and work desks with ergonomic chairs.

Registration Information

Group: Virginia Academy of Physician Assistants

Group code: VPA

Rates (Per Night)

Non-Ocean-View Rooms begin at \$219/night

Ocean-View Rooms begin at \$244/night

Ocean-Front Rooms begin at \$284/night

Empyrean/Club Level Rooms begin at \$334/night

One-Bedroom Suites begin at \$419/night

Reservations

Rooms are available at the Hilton until **Tuesday, June 28, 2016** or until the group block is sold-out, whichever comes first. Visit www.vapa.org for reservation information or call **757-352-2737** now!

Things to Do in Virginia Beach

- ▶ **Virginia Aquarium & Marine Science Center**
www.virginiaaquarium.com
- ▶ **Ocean Breeze Waterpark**
www.oceanbreezewaterpark.com
- ▶ **Rudee Tours**
www.rudeetours.com
- ▶ **Rudee Inlet Charters**
www.rudeeinletcharters.com
- ▶ **The Old Coast Guard Station**
www.oldcoastguardstation.com
- ▶ **First Landing State Park**
www.dcr.virginia.gov
- ▶ **Nauticus**
www.nauticus.org
- ▶ **Naval Air Station**
<https://cnic.navy.mil/norfolksta/index.htm>



CONFERENCE AGENDA

Sunday, July 24, 2016

1:30 p.m. - 6:00 p.m.	Registration Desk Open	
2:00 p.m. - 4:00 p.m.	Workshop: The Abnormal CBC: Keep or Refer? <i>Pre-Approved for 2 AAPA Category 1 SA-CME Credits</i>	Kathy Scarbalis, PA-C & Rose Rutherford, PA-C, MPA
4:00 p.m. - 6:00 p.m.	Workshop: Advanced Medical Spanish (2 CMEs)	Otilio Ramos, PA-C

Monday, July 25, 2016

7:00 a.m. - 5:30 p.m.	Registration Desk Open	
7:00 a.m. - 8:00 a.m.	Breakfast	
8:00 a.m. - 8:10 a.m.	Welcome from VAPA President	Robert Glasgow, PA-C, MPAS, MPH
8:10 a.m. - 9:00 a.m.	Medical Society of Virginia Update - Legislative Update (Non-CME)	Edward G. Koch, MD, FACOG
9:00 a.m. - 10:00 a.m.	Understanding PA Value: What Your Employer Needs Know (1 CME)	Michael Powe, BA
10:00 a.m. - 10:15 a.m.	Break	
10:15 a.m. - 11:15 a.m.	Allergy and Immunology in Family Practice (1 CME)	Stuart Henochowicz, MD
11:15 a.m. - 12:15 p.m.	Overcoming the Challenges to Diagnosing and Treating Depression in the Elderly (1 CME)	Timothy Quigley, MPH, PA-C, DFAAPA
12:15 p.m. - 1:30 p.m.	Lunch	
12:30 p.m. - 1:30 p.m.	VAPA Membership Lunch	
1:30 p.m. - 2:30 p.m.	Taking Care of Patients: What You Were Never Taught in PA School (1 CME)	David Munter, MD, MBA
2:30 p.m. - 3:30 p.m.	Guide to Oral Health Pathologies (1 CME)	Anne Schempp, MPAS, PA-C
3:30 p.m. - 4:30 p.m.	Retinal Vascular Disease and Ocular Oncology: Your Role and What You Can't Afford to Miss (1 CME)	Kapil Kapoor, MD

6:30 p.m. - 7:00 p.m. **2016 VAPA Awards Ceremony at the Virginia Beach Aquarium
OPEN TO ALL ATTENDEES**

7:00 p.m. - 9:00 p.m. **SOCIAL EVENT: PA Night at the Aquarium & Marine Science Center**

VAPA Night & Awards Ceremony at the Virginia Aquarium

Monday, July 25, 2016 • 6:30 p.m. - 9:00 p.m. • Virginia Beach Aquarium

Join us for exclusive after-hours access to the 'Sharks and Sea Turtles' and 'Restless Planet' exhibits in the Bay & Ocean Pavilion as well as a private screening of a National Geographic movie in the aquarium's newly renovated six-story theatre (actual movie to be determined)! Attendees will also have access to the "Smokey Bear and Woodsy Owl" exhibit - a new exhibit especially popular with younger children.

Cheese and fruit selections will be available to snack on as you explore the exhibits as well as complimentary refreshments (sodas, water, coffee). A cash bar will also be available.

Registration is FREE to all paid attendees plus one guest. Attendees may register additional guests for just \$10.00 a person. Children 2 and under are free. RSVP is required.



Tuesday, July 26, 2016

7:00 a.m. - 5:00 p.m.	Registration Desk Open	
7:00 a.m. - 8:00 a.m.	Breakfast with Exhibitors - EXHIBITOR BINGO BEGINS!	
8:00 a.m. - 9:00 a.m.	Eye Care's Role in Chronic Care Delivery (1 CME)	Walter Whitley, OD, MBA Elizabeth Yeu, MD
9:00 a.m. - 10:00 a.m.	Back Pain (1 CME)	Dan Jerrems, PA-C
10:00 a.m. - 10:30 a.m.	Break with Exhibitors	
10:30 a.m. - 11:30 a.m.	Emerging Reimbursement Issues for PAs (1 CME)	Michael Powe, BA
11:30 a.m. - 12:30 p.m.	Drug Toxicology Interpretation: Perils, Pitfalls & Pointers (1 CME)	Scott Clingan, MSHS, PA-C
12:30 p.m. - 1:30 p.m.	Lunch with Exhibitors	
12:30 p.m. - 2:30 p.m.	Workshop: PANRE Review (2 CMEs)	Catherine Pearman, PA-C
1:30 p.m. - 2:30 p.m.	Top Mis-Coded ICD 10 Codes (1 CME)	Lesley Wagner, CPC, CMOM
2:30 p.m. - 3:30 p.m.	Trouble Climbing the Biliary Tree? - Clinical Approaches to Gallbladder Disease (1 CME)	W. Travis Kirby, MPAS, PA-C
3:30 p.m. - 4:30 p.m.	Transcatheter Approaches to Valvular Heart Disease (1 CME)	Paul Mahoney, MD Lauren Morris, PA-C
4:30 p.m. - 6:30 p.m.	Workshop: Beginner's Medical Spanish (2 CMEs)	Otilio Ramos, PA-C

4:30 p.m. - 6:00 p.m.

**Reception with Exhibitors & EXHIBITOR BINGO
OPEN TO ALL ATTENDEES**

Wednesday, July 27, 2016

6:30 a.m. - 4:30 p.m.	Registration Desk Open	
6:30 a.m. - 7:30 a.m.	Breakfast with Exhibitors - PLAY EXHIBITOR BINGO	
7:00 a.m. - 8:00 a.m.	Diabetes Update 2016 (1 CME)	Courtney Harrison, MD
8:00 a.m. - 9:00 a.m.	Evaluation and Care of the Trauma Patient (1 CME)	Jeffrey Yates, PA-C
9:00 a.m. - 10:00 a.m.	Military Medicine (1 CME)	Clifford Deal, MD, FACS
10:00 a.m. - 10:30 a.m.	Break with Exhibitors	
10:30 a.m. - 11:30 a.m.	Brain Tumors in Pediatric Patients (1 CME)	Jennifer Dean, MD
11:30 a.m. - 12:30 p.m.	Rapid Response (1 CME)	Nathan Dean, MD
12:30 p.m. - 1:30 p.m.	Non-CME Sponsored Lunch	
1:30 p.m. - 2:30 p.m.	Common Lower Extremity Fractures: Recognition & Treatment for the Primary Care Provider (1 CME)	Jerry Weniger, MEd, MPAS, ATC, PA-C
2:30 p.m. - 2:45 p.m.	Break	
2:45 p.m. - 4:30 p.m.	The Acute Diagnosis and Management of Mild Traumatic Brain Injury (mTBI) in Children and Adolescents (1.75 CME)	David Paulk, PA-C, EdD, DFAAPA

4:45 p.m. - 6:00 p.m.

President's Reception in the Presidential Suite

Thursday, July 28, 2016

7:00 a.m. - 8:00 a.m.	Breakfast	
8:00 a.m. - 9:00 a.m.	Palliative Care: It's Not Just for Cancer Anymore (1 CME)	Thomas Smith, MD, FACP, FASCO
9:00 a.m. - 10:00 a.m.	That's Not What They Taught Me in PA School (1 CME)	Joel Bashore, PA-C MPAS
10:00 a.m. - 10:15 a.m.	Break	
10:15 a.m. - 11:15 a.m.	Smoking Cessation (1 CME)	Otilio Ramos, PA-C
11:15 a.m. - 12:15 p.m.	Dizziness (1 CME)	Heather Condon, PA-C
12:15 p.m. - 1:15 p.m.	Non-CME Sponsored Lunch	
1:15 p.m. - 2:15 p.m.	Management of COPD (1 CME)	Joshua Sill, MD
2:15 p.m. - 2:30 p.m.	Break	
2:30 p.m. - 3:30 p.m.	Zika Update (1 CME)	Shivanjali Shankaran, MD
3:30 p.m. - 4:30 p.m.	Another Chest Pain! Now What? (1 CME)	Shea Dempsey, PA-C
2:30 p.m. - 4:30 p.m.	Workshop: Splinting and Casting (2 CMEs)	Kim Ford, PA-C

Friday, July 29, 2016

6:30 a.m. - 7:00 a.m.	Breakfast	
7:00 a.m. - 8:00 a.m.	Cardiovascular Health Update (1 CME)	Deepak Talreja, MD
8:00 a.m. - 10:00 a.m.	New Drug Update (2 CMEs)	Mark Johnson, PharmD
10:00 a.m. - 11:00 a.m.	Hematuria Evaluation in the Outpatient Setting - Visible and Microscopic (1 CME)	William Reha, MD, MBA

**Mark Your
Calendars
Now!**



VAPA 2016 Fall CME Conference: A Capital Experience

November 5-6, 2016

Hilton Richmond Short Pump Hotel • Richmond, Virginia



2016 VAPA Summer CME - WORKSHOP DESCRIPTIONS

Sunday - 2:00 p.m. - 4:00 p.m.

The Abnormal CBC: Keep or Refer?

Kathleen Scarbalis, MPAS, DFAAPA, PA-C & Rose Rutherford, PA-C, MPA

Who doesn't order a CBC now and then? Great opportunity for SA CME or additional CME I; interactive pediatric and adult case presentations involving CBC results. Apply the lab results to multiple case examples and discuss the implications of each case. Review red cell and platelet disorders, causes of leukocytosis or leukopenia. Determine a diagnosis and possible treatment plan after reviewing an abnormal CBC.

This Self-Assessment CME program has been reviewed and is approved for a maximum of 2.00 AAPA Category 1 Self-Assessment CME credits by the Physician Assistant Review Panel. Approval is valid for one year from the release date of 11/07/15. Physician Assistants should only claim credit commensurate with the extent of their participation in the activity. This program was planned in accordance with AAPA's CME Standards.

COST \$50

4:00 p.m. - 6:00 p.m.

Advanced Medical Spanish, Otilio Ramos, PA-C

Learn more in depth medical/anatomical vocabulary, and appropriate terms needed to allow for accurate evaluation of a Spanish-speaking patient. Practice medical history and examination techniques in various case-based scenarios. Discuss cultural nuances in Latino communities and how to use a translator effectively.

COST \$75

Tuesday - 12:30 p.m. - 2:30 p.m.

PANRE Review, Catherine Pearman, PA-C

Preparing to recertify can seem like a daunting task. Don't be overwhelmed! This workshop will cover the formulation process of the exam, compare and contrast the various types of study materials available and determine the benefits in each, help you develop a study strategy involving the PANRE blueprint, review test-taking strategies and methods, and evaluate typical questions and discuss an approach to successfully complete each type.

COST \$75

4:30 p.m. - 6:30 p.m.

Beginner's Medical Spanish, Otilio Ramos, PA-C

Learn the fundamentals of pronunciation and basic vocabulary needed to perform a simple history and physical in a case-based pain scenario with basic, limited Spanish skills. Learn how to properly use a translator and translation services with techniques designed to minimize miscommunication during medical interviews.

COST \$75

Thursday - 2:30 p.m. - 4:30 p.m.

The 4 Ps of Splinting and Casting, Kim Ford, OT-C III

Correct the casting/splinting problems that are most commonly seen in clinics. The 4 Ps is an easy reminder for practitioners to utilize for better care for their Orthopedic patients. The 4Ps represent: Purpose- why are we casting/splinting? Product- what are we using for casting/splinting? Position- where are we casting/splinting? Protection- how can we cast/splint without causing further harm to our patients?

COST \$75

2016 VAPA Awards & Annual Awards Ceremony

Monday, July 25, 2016 • 6:30 p.m. - 7:00 p.m. • NatGeo Theater - VA Beach Aquarium

We strongly encourage attendees to join us Monday evening before the start of the Social Event to attend the 2016 VAPA Awards Ceremony. Each year, VAPA honors 5 PAs in Virginia, nominated by their peers, in the following categories: Preceptor of the Year, Humanitarian PA of the Year, PA Student of the Year, Physician/PA Partnership of the Year, and PA of the Year. This is an incredible honor and we hope you will join us to recognize the award recipients who have made outstanding contributions to the profession in the Commonwealth.

Congratulations Again to our 2015 Winners



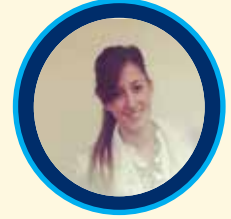
PA of the Year
Alan Dansberry, PA-C



PA/ Physician Partnership
Scott Urquhart, PA-C, DFAAPA & Mark McLanahan, MD



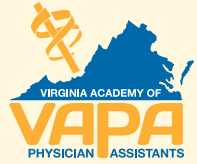
Excellence in Precepting
Ron Perego, PA-C
(posthumously awarded)



PA Student of the Year
Alexa Milano, PA-S

REGISTRATION

Name: _____
 Credentials (for certificate and name badge) _____ Specialty _____
 VAPA ID _____ NCCPA ID (required to log CME hours with NCCPA) _____
 Address: _____
 City _____ State _____ Zip _____
 Phone _____ E-mail _____
This will be your user ID and the email we will use for all communication



Registration Details

Registration includes continental breakfast each morning, refreshment breaks, and access to seminars & exhibits. Registration badges will be required for admission to all events. Payment is due with registration form and must be postmarked by listed dates to qualify for the corresponding rate.

All workshops are two hours in length and are an additional cost to attend.

Full payment must accompany registration. Cancellations made in writing before June 17, 2016 are eligible for a refund, minus a \$50 fee. **No refunds will be granted after June 17th.** Substitutions are acceptable. For cancellation, late registration or special dietary requests, please call Sherry Whiting at (434) 326-9842 or email sherry.whiting@easterassociates.com.

Please mail completed form and check (made payable to VAPA) to:

VAPA Summer CME
 250 West Main Street
 Suite 100
 Charlottesville, VA 22902

Registration is available online at www.vapa.org

REGISTRATION	BEFORE 6/17/16	AFTER 6/17/16	ON-SITE	TOTAL
VAPA Member Registration	\$425	\$475	\$525	
Military / Veteran Registration	\$350	\$400	\$450	
Non-Member Registration	\$545	\$595	\$625	
Guest Registration (non-CME - session auditing & meals) # _____	\$255	\$270	\$285	
Student Registration (non-CME) - Fax or email a copy of a student ID or class schedule to verify full time status. Fax to (434) 979-2439 or email sherry.whiting@easterassociates.com.	\$50	\$50	\$50	
Daily Registration is \$175/day: <input type="checkbox"/> Monday <input type="checkbox"/> Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday				

WORKSHOPS ON SUNDAY	COST	TOTAL
The Abnormal CBC: Keep or Refer - 2:00 - 4:00PM (2 AAPA Category 1 SA-CME Credits)	\$50	
Advanced Medical Spanish - 4:00 - 6:00PM	\$75	
WORKSHOPS ON TUESDAY	COST	TOTAL
PANRE Review - 12:30 - 2:30PM	\$75	
Beginner's Medical Spanish - 4:30 - 6:30PM	\$75	
WORKSHOPS ON THURSDAY	COST	TOTAL
Splinting and Casting - 2:30 - 4:30PM	\$75	

EXTRAS	COST	TOTAL
Conference T-shirt (one free t-shirt with each paid registration) Please indicate size: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> XL <input type="checkbox"/> XXL	FREE <small>Excludes Daily Registrants</small>	FREE <small>Excludes Daily Registrants</small>

SOCIAL EVENT	COST	TOTAL
PA Night at the Aquarium (Attendee plus first guest FREE)	\$0/EA # _____	FREE UP TO 2 GUESTS
PA Night at the Aquarium - Additional Guests	\$10/EA # _____	
TOTAL ENCLOSED:		\$

Will you attend the **VAPA Membership Meeting & Lunch on Monday, July 25?** Yes No
 Will you attend the **President's Reception on Wednesday, July 27?** Yes No
 How did you learn about the conference?
 Brochure Email VAPA website AAPA website Colleague referral Other _____