

THE 38TH ANNUAL VAPA  
SUMMER CME CONFERENCE

# AGENDA

## Sunday July 26

12:00 PM - 4:30 PM **Conference Registration  
Opens**

12:30 PM - 2:30 PM **WORKSHOP: Concussion Evaluation and Management**  
- Barry Diduch, M.D.

**WORKSHOP: Examination of the Hip**  
- Jeanine Gargiulo, PA-C

This workshop will include both a lecture and hands-on physical exam lab. Attendees will participate as both examiners/participants.

2:00 PM - 5:00 PM **VAPA iScan Student Ultrasound  
Competition**

3:00 PM - 4:30 PM **WORKSHOP: Mindful Practice for PAs**  
- Barbara Morrison, PA-C, RYT-200

3:00 PM - 5:00 PM **WORKSHOP: Peripheral Mononeuropathies: Sensory Evaluation**  
- Robert Glasgow, DC, FIAMA

## Monday July 27

7:00 AM - 8:00 AM **Registration and Breakfast**

8:00 AM - 8:05 AM **Welcome from VAPA President**

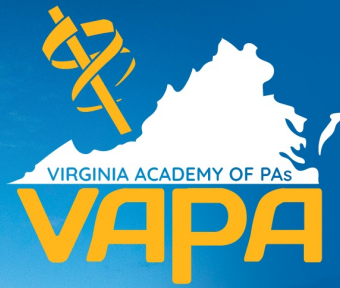
8:05 AM - 9:00 AM **TBD**

9:00 AM - 10:00 AM **Orthopaedic Emergencies: What Every Physician Assistant Should  
Know**  
- Mike Baldwin, PA-C

10:00 AM - 10:15 AM **Networking Break**

10:15 AM - 11:15 AM **Radiographic Evaluation of Hip and Knee OA and Discussion of Conservative  
Treatment Options**  
- Jeanine Gargiulo, PA-C

11:15 AM - 12:15 PM **An Update on the Pre-Participation Sports Examination**  
- Barry Diduch, M.D.



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12:15 PM - 1:30 PM **Lunch for Attendees**  
**VAPA Membership Lunch and Inauguration**

1:30 PM - 2:30 PM **PTSD**  
- Ajay Manhapra, M.D.

2:30 PM - 3:30 PM **Communicable Diseases: Contingency Planning in the Outpatient Setting**  
- Rebecca Levorson

3:30 PM - 4:30 PM **TBD**

4:30 PM - 6:00 PM **VAPA President's Reception**

## Tuesday July 28

7:00 AM - 8:00 AM **Registration and Breakfast with Exhibitors**

8:00 AM - 9:00 AM **Common Pediatric Sports Injuries and Conditions for Primary Care**  
- Phil Davis, PA-C

9:00 AM - 10:00 AM **Humanity in Health Care: Improving Access and Quality for Virginia's Patients**  
- Clifford Deal, MD, FACS

10:00 AM - 10:30 AM **Break with Exhibitors**

10:30 AM - 11:30 AM **SVTs: How to Differentiate and Treat**  
- Scott Baute, PA-C

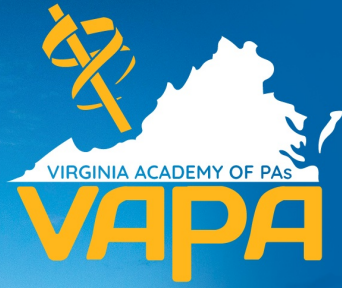
11:30 AM - 12:30 PM **TBD**

12:30 PM - 1:30 PM **Lunch with Exhibitors**

1:30 PM - 2:30 PM **Food Allergies**  
- Stuart Henochowicz, MD

2:30 PM - 3:30 PM **Diabetic Retinopathy-What you can't afford to miss**  
- Kapil Kapoor, MD

3:30 PM - 4:00 PM **Break with Exhibitors**



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3:45 PM - 5:45 PM **WORKSHOP: Peripheral Mononeuropathies: Motor Evaluation**

- Robert Glasgow, DC, FIAMA

**WORKSHOP: Suturing Workshop - Techniques for Superficial and Deep Closures**

- Sara Nicely, DHEd, PA-C

This workshop will allow attendees to practice suture techniques such as simple interrupted, horizontal mattress, vertical mattress, running stitch, buried stitch, and running subcuticular. All levels of learning are welcome. We will be using pig feet to practice these skills.

4:00 PM - 5:00 PM **The Heart of the Matter - Pediatric Cardiology Review**

- Don Solimini, PA-C, MHA, DFAAPA

5:00 PM - 6:30 PM **Reception with Exhibitors**

## Wednesday July 29

6:00 AM - 7:00 AM **Rise and Shine - Yoga on the Beach**

- Barbara Morrison, PA-C, RYT-200

6:30 AM - 7:30 AM **Registration and Breakfast with Exhibitors**

7:30 AM - 8:30 AM **TBD**

8:30 AM - 9:30 AM **TBD**

- David Munter, MD, MBA

9:30 AM - 10:00 AM **Break with Exhibitors**

9:45 AM - 11:45 AM **WORKSHOP: Splinting**

- Phil Davis, PA-C

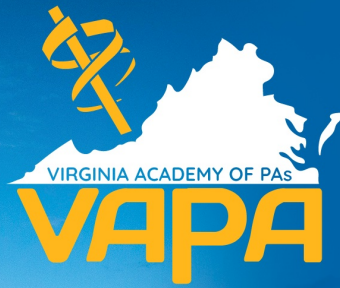
10:00 AM - 11:00 AM **Update from NCCPA: Positive Changes to Certification  
Maintenance**

- Greg Thomas, PA-C Emeritus, MPH

11:00 AM - 12:00 PM **Advancing the Management of Patients with Chronic Heart  
Failure**

- Daniel Thibodeau, MPH, PA-C, DFAAPA

12:00 PM - 1:00 PM **Lunch**



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1:00 PM - 2:00 PM **Low Fat, Low Carb, Paleo, Keto, Plant-Based - What do the studies show?**

- Dan Jerrems, PA-C

2:00 PM - 3:00 PM **Dyslipidemia**

- Daniel Thibodeau, MPH, PA-C, DFAAPA

3:00 PM - 3:15 PM **Networking Break**

3:15 PM - 4:15 PM **Rapid CBT: Using Applied Cognitive Behavioral Techniques to Boost Self-Care and Patient Care**

- Hwal Lee, CPRP

3:15 PM - 5:15 PM **WORKSHOP: EKG**

- Daniel Thibodeau, MPH, PA-C, DFAAPA

## Thursday July 30

6:30 AM - 7:30 AM **Registration and Breakfast**

7:30 AM - 8:30 AM **TBD**

8:30 AM - 9:30 AM **TBD**

9:30 AM - 10:30 AM **Epilepsy: An Update and Guide to Treatment**

- Harold Felton, PA-C, DHEd

10:30 AM - 10:45 AM **Networking Break**

10:45 AM - 11:45 AM **TBD**

11:45 AM - 12:45 PM **Sponsored Lunch - Unmasking Rare Disorders: What the PA Needs to Know - The University of Iowa Stead Family Children's Hospital**

12:45 PM - 1:45 PM **Diagnosis and Treatment Algorithms for Low Back Pain in the 21st Century**

- Steve Gershon, MD, FACS

At the end of the workshop, participants will be able to identify the 5 most common causes of LBP and perform a comprehensive LB exam. They will learn to be able to complete this exam in the clinic in under 5 minutes.

2:00 PM - 4:00 PM **WORKSHOP: Hands-On Physical Exam of the Low Back Pain Patient**

- Steve Gershon, MD, FACS



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## Friday July 31

6:30 AM - 7:00 AM **Registration and Breakfast**

7:00 AM - 8:00 AM **TBD**

8:00 AM - 9:00 AM **TBD**

9:00 AM - 10:00 AM **Primary Palliative Care: Who, What, When and Why?**

- Angela Lewis, PA-C

10:00 AM - 11:00 AM **TBD**