

THE 37TH ANNUAL SUMMER CME CONFERENCE

Sunday, July 21, 2019

12:00 PM	Conference Registration Opens	
12:30 - 2:30 PM	WORKSHOP: ECG Review Utilizing Clinical Cases: Beyond the Interpretation	<i>Philip O'Donnell, M.D.</i>
12:30 - 2:30 PM	WORKSHOP: Examination of the Knee	<i>Jeanine Gargiulo, PA-C</i>
2:30 - 4:30 PM	WORKSHOP: Introduction to Basic Point of Care Ultrasound	<i>Shea Dempsey, DMSc, PA-C</i>
2:30 - 4:30 PM	WORKSHOP: Wilderness Medicine Top 10/Hemorrhage Control in the Wilderness	<i>Randy Howell, DHS, PA-C</i>

Monday, July 22, 2019

7:00 - 8:00 AM	Registration & Breakfast	
8:00 - 8:05 AM	Welcome from VAPA President	<i>A. Rose Rutherford, PA-C, MSPAS</i>
8:05 - 9:00 AM	Thyroid Pearls for Primary Care - Nodules, Hyper and Hypothyroidism	<i>Scott Urquhart, PA-C, DFAAPA</i>
9:00 - 10:00 AM	AAPA Clinical Case Challenge Series: Managing Cardiovascular Risk in Patients with Type 2 Diabetes: Emerging Concepts	<i>Scott Urquhart, PA-C, DFAAPA</i>
10:00 - 10:15 AM	Networking Break	
10:15 - 11:15 AM	Making Change Happen: Advancing Patient-Centered Health Care in Virginia	<i>Richard A. Szucs, M.D.</i>
11:15 AM - 12:15 PM	Atrial Fibrillation: An Overview and Emerging Treatments	<i>Scott Baute, PA-C</i>
12:15 - 1:30 PM	VAPA Membership Lunch (pre-registration required)	
12:30 - 1:30 PM	Lunch for Attendees	
1:30 - 2:30 PM	Current Guidelines for Treatment of DVT/PE	<i>Kevin Rebeck, PA-C</i>
2:30 - 3:30 PM	AAPA Clinical Case Challenge Series: Reproductive Health Care: Conversations for Clinicians and Their Patients	<i>Cynthia Calixte M.D., M.PH.</i>
3:30 - 4:30 PM	Treatment of Coronary Heart Disease Including The New ACC/AHA Guidelines for Cholesterol Management	<i>Philip O'Donnell, M.D.</i>
4:30 - 5:30 PM	2019 VAPA Awards Ceremony	

Tuesday, July 23, 2019

7:00 - 8:00 AM	Registration Opens & Breakfast with Exhibitors	<i>EXHIBITOR BINGO BEGINS</i>
8:00 - 9:00 AM	AAPA: National Trends and Issues	<i>TBD</i>
9:00 - 10:00 AM	Atypical Hip Pain	<i>Bradley Williams, PA-C</i>
10:00 - 10:30 AM	Break with Exhibitors	
10:30 - 11:30 AM	The ABC's of CKD	<i>Kim Zuber, PA-C</i>
11:30 AM - 12:30 PM	Lunch with Exhibitors	
12:30 - 1:30 PM	Asthma Management 2019	<i>Stuart Henochowicz, M.D.</i>
1:30 - 2:30 PM	Top 10 Ocular Diagnosis You Don't Want To Miss	<i>Walter Whitley, O.D.</i>
2:30 - 3:30 PM	Kidneys Gone Bad: Acute Kidney Injury (AKI)	<i>Kim Zuber, PA-C</i>
3:30-4:00 PM	Break with Exhibitors	
3:30 - 5:30 PM	WORKSHOP: Suturing Techniques for Superficial and Deep Closures	<i>Sara Nicely, DHEd, PA-C</i>
3:30 - 5:30 PM	WORKSHOP: ECG Review Utilizing Clinical Cases: Beyond the Interpretation	<i>Philip O'Donnell, M.D.</i>
4:00-5:00 PM	Evaluation and Management of the Patient with Mitral Valve Disease	<i>Lori McVay, DMSc, PA-C, CPAAPA</i>
5:00 - 6:30 PM	Reception with Exhibitors & Exhibitor BINGO (pre-registration required)	

PAs MAKE MAGIC HAPPEN

Wednesday, July 24, 2019

6:30 - 7:30 AM	Registration & Breakfast with Exhibitors	<i>EXHIBITOR BINGO</i>
7:30 - 8:30 AM	Mindfulness for Health Care Providers: How Do We Avoid Burnout?	<i>Barbara Morrison, PA-C, RYT</i>
8:30 - 9:30 AM	Clostridium Difficile - UPDATE	<i>Michelle Touw, PA-C</i>
9:30 - 10:00 AM	Break with Exhibitors	
10:00 - 11:00 AM	Common Causes of Foot and Ankle Pain in Athletes and Treatment Options	<i>Kim Snow, PA-C</i>
11:00 AM - 12:00 PM	STD Medical Update	<i>Patricia R. Jennings, DrPA, PA-C</i>
12:00 - 1:30 PM	Lunch with Exhibitors	
1:30 - 2:30 PM	My Skin Is So Itchy, I Must Have Scabies: The Differential Diagnosis of Pruritic Rashes	<i>Kimberly Dempsey, PA-C</i>
2:30 - 3:30 PM	Controlled Substance Documentation: Requirements & Recommendations	<i>Scott Clingan, PA-C</i>
3:30 - 3:45 PM	Networking Break	
3:45 - 4:45 PM	Travel Medicine	<i>John Lynch, MPAS, PA-C, DFAAPA</i>
3:45 - 4:45 PM	WORKSHOP: Yoga & Self-Care: Rediscovering the Joy of Practice	<i>Barbara Morrison, PA-C, RYT</i>
3:45-5:45 PM	WORKSHOP: The 4 P's of Orthopedic Splinting	<i>Kim Ford, OT-C III</i>
7:00 - 10:00 PM	VAPA Social Event at Beachside Social (pre-registration required)	

Thursday, July 25, 2019

7:00 - 8:00 AM	Breakfast	
8:00 - 9:00 AM	ENT Emergencies: Recognition & Management	<i>Cathy Pearman, MPAS, PA-C</i>
9:00 - 10:00 AM	Pediatric Neurosurgery Basics	<i>Peggy Vollstad, PA-C</i>
10:00 - 10:15 AM	Networking Break	
10:15 - 11:15 AM	Pins and Needles: An Approach to Evaluation	<i>Harold Felton, DHed/PA-C</i>
11:15 AM - 12:15 PM	Bathing in Hand Sanitizer: Topics in Pediatric Infectious Disease	<i>Lauren Paluch, PA-C</i>
12:15 - 1:15 PM	Lunch with Attendees and Poster Presentation Q&A	
1:15 - 2:15 PM	Overview of Bariatric Surgery	<i>Brett A. Gordon, MS, PA-C</i>
2:15 - 2:30 PM	Networking Break	
2:30 - 4:30 PM	Conundrum of Opioid Therapy for Chronic Pain: Simple Dependence to be Managed or Addiction to be Treated?	<i>Ajay Manhapra, M.D.</i>

Friday, July 26, 2019

6:30 - 7:00 AM	Registration and Breakfast	
7:00 - 8:00 AM	Venous Insufficiency: What Is It and Why Do We Care?	<i>Keith Nichols, M.D.</i>
8:00 - 9:00 AM	Anxiety Disorders	<i>David Spiegel, M.D.</i>
9:00 - 10:00 AM	Opiate Addiction: Treatment Options for a National Crisis	<i>David Munter, M.D.</i>
10:00 - 11:00 AM	Office Evaluation of Male with Low Testosterone, Erectile Dysfunction, or Peyronie's Disease	<i>William C. Reha, M.D., M.B.A.</i>